

GARDEN ROUTE BUSINESS GUIDE

2020 **Special Edition**

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Using this Guide

To make this guide easy to use we have arranged the information by town in a route format. Start in Swellendam and travel along the coastal N2 route towards Mossel Bay and Tsitsikamma. Travel from Oudtshoorn and along Route 62 to Barrydale.

Accommodation: Rates / Tariffs

The first rate indicated is the lowest rate in the low season. The second rate is the highest rate in the peak season. Rates are per person per night sharing, except if otherwise indicated.

Although great care has been taken to ensure that the rates and information in this guide are correct, the publishers cannot be held responsible for any incorrect information. Rates displayed in this guide were correct at time of print, but may vary during the year.



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From The Editor's Desk...

Life is a journey! That has truly been proved over the past couple of months. Nothing that anyone could have told me or anything I could have done would have been able to prepare me for what 2020 would hold in for me and every single person living on earth.

Luckily I was brought up in Christian home, have a great support system and positive attitude (well most of the time!). This is what carried me through the toughest moments and gave me strength to carry on.

Being in the marketing and advertising industry, I always try to see the absolute best in everything while still being objective and honest. This is how I tackled all aspects of my life and especially during the Covid-19 Pandemic.

Compiling this online magazine for Lalakoi has been a wonderful and interesting journey. The inputs, positive contributions and excitement about the first Online Magazine by Lalakoi from our team and our valued advertisers made me smile with tears in my eyes. I am so thankful! Compiling this magazine has been a wonderful journey which I enjoyed thoroughly and I am sure that you will enjoy reading it. Enjoy and please, share with your friends and family!

Keep safe, positive and dream big!

Wilma

GARDEN ROUTE BUSINESS GUIDE

2020 Special Edition

How to **USE THIS ONLINE MAGAZINE**

The 2020 Special Edition Business Guide is the very first online magazine by Lalakoi. We as team have worked many hours on this publication to ensure that you the reader will enjoy the completed publication just as much as we enjoyed compiling it.

Yes, we promote our valued advertisers in this publication, but have also added a lot of extra information; fun, informative, inspirational and valuable to make the journey reading the 2020 Special Edition Business Guide captivating for all.

You can read the magazine on your mobile phone, any other mobile device or on your computer. The easy pdf format can be downloaded and saved. You can read or refer back to the magazine at your own time. You can then even share the magazine with friends, family, colleagues and clients by simply sharing the pdf file. The link will also be available on the Lalakoi Websites and social media profiles. Oh and of course, as like all the other Lalakoi publications this one is also free!

Most of the advertisements in the publication contain a link to the advertiser's page on the Lalakoi Directory where you will have access to more information on the specific business. Just click on the advertisement! Please keep in mind that with the current situation and quick changing rules and regulations some of the information on the Lalakoi Directory might not be 100% correct at all times, although we do our utmost best to keep the information updated.

Some of the advertisers included in this publication might still be closed as a result of the Lockdown, while others have certain restrictions. We hope that very soon all businesses will be fully operational. We urge you to support these local businesses; together we can make a difference!

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The Lalakoi Team



Hanno Coetzee

044 695 1559 | 072 107 4449

- Web Design & Development
- Sales • Webmaster

From farmer and entrepreneur to web developer, Hanno is passionate about web development and made this his career about 20 years ago. He enjoys reading up on the latest web trends, but when not at his computer you will find him doing woodworking or gardening.

There are no secrets to success. It is the result of preparation, hard work and learning from failure.
- Colin Powell



Jenny Coetzee

044 695 1559 | 082 859 7184

- Matriarch • Proofreader
- Referee

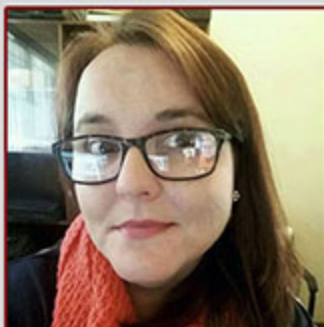
Jenny is the matriarch of the team who also makes sure everyone stays well balanced. This multi-talented lady with an amazing general knowledge is always busy even in her free time. Either with some handwork project, gardening, baking or proofreading.

Faith does not mean that God changes your situation. Sometimes it means He changes you.

We all have our own personalities, opinions, talents, strengths & fields of interest.

Working together as a TEAM we achieve more for our business and you our valued client!

Together Everyone Achieves More



Christelle Kleynhans

044 695 1559 | 082 314 0450

- Sales • Copy Writing
- Social Media Marketing
- Graphic Design

Christelle is a bubbly, energetic and charming artistic soul, always with new creative ideas. When looking for her in her free time you will most likely find her in her art studio with a paintbrush in the hand transforming a canvas into something extraordinary.

All our dreams can come true, if we have the courage to pursue them. -Walt Disney



Wilma Burger

044 874 0326 | 082 449 6186

- Sales • Copy Writing
- Social Media Marketing
- Graphic Design

Although passionate about and dedicated to her job Wilma has a wide field of interests. Growing up on a farm she loves the outdoors and is a keen gardener with a love for succulents. There is always some creative DIY or art project she is working on in her off time.

If you can dream it you can do it
- Walt Disney



Pieter Burger

044 874 0326 | 076 449 3306

- Web Design & Development
- Sales

Pieter loves gadgets and new technology; this might be part of the reason for his interest in web design and development. Like many other South African men he enjoys a braai! This self recognized "petrol head" is passionate about motor sport and Oval Track Racing.

Think big and don't listen to people who tell you it can't be done. Life's too short to think small. -Tim Ferriss

Everything in life has a

BRIGHT SIDE

to it, even LOCKDOWN

Every situation in life has positive and negative sides. Lockdown is not ideal and we all can agree that we would rather not have had this experience. Many of us however had positive and inspiring stories to share of Lockdown 2020.

We asked some of our advertisers and friends to share their inspiring stories with us!

While we were busy compiling this article, we spoke to a number of people and these are some of the feedback we received:

"I discovered gardening again!"

"Ek het vir die eerste keer na universiteit weer begin om ontbyt te eet. Ek het uiteindelik weer tyd daarvoor."

"My kind dink ek is die coolste ma, ek het vir die eerste keer tyd gehad om rekenaarspeletjies saam met haar te speel."

"Ons het die tyd gebruik om kaste te sorteer."

"Me-time was something I thought was only meant for other people, but now I had the chance to experience it!"

2020 het heel anders uitgewerk as wat ons almal gedink het. Wie sou my geglo het met ons Nuwejaarsvoorneme dat ons in lockdown sou wees.

Tog het ons met 'n skok daarin gegaan. Kinders wat ver gebly het, het ons gemis, maar gesinstyd het 'n ander betekenis gekry.

Daar is brood gebak, maskers gemaak, huis skoon gemaak en gebrei en gehekel.

Ons het ook geleer om minder te mors met kos en ons kreatiwiteit het na vore gekom.

Dit voel nog snaaks om met maskers uit te gaan, maar voel goed as 'n mens iemand bekend raakloop.

- Wilna Erasmus -

During the first part of lockdown it was so nice to have time to do all the creative, arty things that I don't normally have time for and life seemed so simple. It taught me to appreciate so many things that I normally take for granted.

After we were allowed out to exercise, it was lovely to see how families seem to have discovered the great outdoors again!

- Cathy Fourie -

In my own life, I was forced to a standstill and to reflect on what is really important in my life. I have had more time to spend at home and more time for myself. Sadly, my kids were not with me, but I had more time to cherish and enjoy my animals. Spending more time in the garden, getting some well-needed extra Vit D and helping my other half with that herb and veggie garden that we have been threatening to do properly for so long. Suddenly there was time to read, de-clutter, repair and also time to relax. I even refreshed old hobbies and learned how to slow down life again.

Let us keep in mind the good things that we experienced and keep building on all the positives that the lockdown forced us to realise in our lives again.

- Stelouise Lourens -

Coronavirus (Covid-19) "Lockdown" het so vining gebeur. Ek sal nooit vergeet toe daar aangekondig is dat ons in "Lockdown" gaan nie. Ek't gewonder hoe? Waar? Wat? En ek sal nie sê ek was nie bang nie, want ek was, vir die vreemde virus wat ons nie kan sien of hoor nie.

Heeltyd dink ek terug aan my Pa se woorde – (ek dink hy het dit in die 2de wêreldoorlog nog gehoor) , "The only thing we have to fear, is fear itself", en daar besluit ek om meer positief te wees. Sien en hoor die mooi in mense, wees dankbaar vir wat jy het, vir familie en vriende wat baie lief is vir my – dit, gebed en geloof het my gedurende die "Lockdown" deurgekry. Wat ek wel kan sê is dat ek vandag meer sterker op my voete kan staan met baie positiwiteit in my. Hierdie ding gaan eindig so my gevoel is gaan aan met jou lewe, wees versigtig ja, maar lewe verstandig voluit.

- Melanie Sonnekus -

Nothing stays the same, nothing lasts forever. Do what you can, when you can, while you can. Appreciation and gratitude are good companions to keep you motivated.

- Colleen Venter -

It was great to shut down for a change. No work, no school and no rushing around from one place to another made me realise what is REALLY important in life.

- Charmaine Fourie -



What Kids have to say about LOCKDOWN



The lockdown can be just as challenging for kids as for us as adults. Many children now had to learn how to play on their own as visits to friends and family are not allowed and schools are not functioning as normal yet.

We asked a few kids what they think about lockdown...

Ek hou baie van lockdown dit voel soos 'n vakansie.

My mamma hou ook daarvan.

Lisa Smit (7)

Ek hou glad nie van lockdown nie. Ek wil by my maatjies speel en sonder 'n masker skool toe gaan.

Mila Borka (8)

I really don't like being under lockdown!

I miss my friends a lot!

We chat over WhatsApp but it is not the same. We cannot play and go to each other's houses for play dates, it's not cool!!

First I thought I hated school, but now I realize how much I love it and miss my teachers.

One thing I do like about lockdown is that I can sleep a lot.

Christi Kleynhans (9)

I think I had enough of lockdown. I miss my friends and family.

Luckily for Wi-Fi, I can play games and watch you-tube when my school work is done.

Stefan Borka (11)

It feels like we have been under lockdown for a year! I miss all the normal things like visiting family and friends, and going to the beach etc. I will never take the small things for granted again.

Aleksandar Borka (13)

Ek hou nie van lockdown nie, want ek kan nie by my maatjies speel nie.

Nina Olivier (8)

Dit is nie lekker vir my nie. Ons moet die heeldyd by die huis sit en is verveeld die hele dag. Ek wil graag by die skool en ballet wees.

Amoré Marais (7)

Hou glad nie daarvan nie. Ons kan nie na ons maatjies toe gaan nie. Ons kan ook nie in die mall gaan rondloop nie. Dit is sleg om te sien hoe die besighede toe maak.

Beaula-Marie Marais (9)

Lockdown is lekker maar ek mis my vriende. Dit raak vervelig partykeer sonder my vriende en die werk wat die skool gee is moeilik omdat daar nie genoeg verduidelikings was nie.

Reuben Barnard (14)

Dis lekker om saam met jou familie te wees maar dis sleg om heeldyd jou hande te "sanitize" en maskers te dra!

Lana Jansen van Rensburg (8)

Lockdown jou VIRUS, jy het gekom soos 'n dief in die nag en net moeilikheid kom maak. In die begin was dit lekker maar gou-gou het ek alles begin mis... my maatjies, netbal, hiphop, Spur en trippies na ander dorpe.

Gaan weg jou KIEM.
Mieke van Dorp (9)

Almal dink ek is nie lekker nie, want ek hou van lockdown. Maar een of ander rede is ek MAL oor lockdown!!

1. Jy kan laat slaap.
2. Jy kan laat gaan slaap.
3. Jy kan jou werk doen net wanneer jy wil.

En daar is nog baie ander redes, maar ek moet sê ek mis my maatjies!

Ané Otto (10)

Ek hou glad nie van lockdown nie. Dit voel asof ek gehok is en ek mis my maatjies.

Karli Munnik (7)



ANOTHER 'PANDEMIC'

Teaching Your Kids at Home!

by Christelle Kleynhans



The world wide coronavirus pandemic caught the entire world off guard, but parents with children still in school, had another 'pandemic' to deal with, teaching their kids at home! Due to the coronavirus pandemic most people had to turn their homes into an office space so that they could still resume with their work. Parents with kids had to struggle with working from home, teaching their kids, keeping things running smoothly in the household and many other unexpected challenges.

Although some schools are currently open, with children going back a few days a week, not everything is back to normal and we as parents still have to help our kids stay on track with their school work.

Teaching our kids at home was a challenge that most of the parents out there were not ready for. Social Media posts of parents complaining and looking for tips on how to cope with the home teaching struggles were plenty. Being a mother myself I could surely relate to all of these posts, after initially thinking 'this I can handle, I only have one child', I soon felt overwhelmed and was appreciating my child's teachers more than ever!

Despite the struggle of keeping my child in a routine, (*here I failed terribly*), keeping her motivated to do her school work every day and to the best she can, I also had to start teaching grade-4 mathematics at the age of 33.

Things that I learnt about Effective Ways to teach Kids at home

I've learnt a lot about teaching at home from my friends with kids, strangers on social media and articles on the internet. Not all of the advice will work for everyone, seeing that households, as well as children differ.

Create a space that they can sit down and do their work without distractions.

I limited the time that she could be on electronic devices and television. This was only allowed when her homework was done.

I also tried to space the work so that I could give my child days off as a reward for hard work.

One of my friends said that she had to give her child a specific time to do the work and setting the oven alarm did wonders for her.

It was important to me to try and keep my child's spirits up. This was as challenging for her as it was for me and she really missed her friends and teachers! I let her video chat with her friends and had to manage my time so that I made time to play with her.

The home work is extremely important, but more so is your child's wellbeing.



COLOURING COMPETITION



Win

Win a Kiddies Water Dispenser plus a six pack 500ml Perfect Juice with the compliments of Absolutely Perfect Water George. Colouring competition is open to all children up to the age of 12. For competition rules and how to enter > click here or visit www.lalako.i.com/competition

Name & Surname:..... Age:.....



Patricia en Felix die Muis

"n Prettige vinnige uitgedinkte slaapydstorie vir my dogter, wat net te oulik was om nie oor vertel te word nie."

Deur Christelle Kleynhans

In 'n klein dorpje in Skotland woon 'n pragtige rooikop dogtertjie met die naam Patricia. Sy woon saam met haar familie tussen vloeiende groen valleie en help haar familie soms in hulle kaasfabriek. Soos sommige ander oggende het Patricia die oggend vroeg haar rugsakkie met toebroodjies, wat haar mamma vir haar ingepak het, op haar rug gesit en af gehuppel na die fabriek toe.

Toe Patricia al singend die fabriek binnekom het sy skielik in haar spore gevries en gegil, "m-m-muis!". Soos blits was sy bo-op die tafel. Haar familie en die werkers het net gelag en aangegaan met hul werk. Arme Patricia het op die tafel gesit en kop onderstebo onder die tafel ingeloer en die muis vierkantig in die oë gekyk. Sy wou net weer gil toe... "hallo Patricia", groet die muis. Sy vra toe met 'n beweringe stemmetjie of iemand anders dit ook gehoor het. Niemand het gereageer nie en sy het weer onder die tafel ingeloer.

Dit het al haar moed gekos en toe vra sy, "het jy nou-net gepraat?". Arme Patricia het amper van die tafel afgeval toe die muis haar antwoord. "Ja Patricia, ek het. Ek het jou hulp nodig."

Met die, het Patricia van die tafel afgeklim om die vreemde muis beter te kon sien. Sy het haarself geknyp om seker te maak dat sy nie droom nie, "eina!"

"Patricia, my naam is Felix en ek het jou hulp nodig. My ouma bly op die plaas hier langs en sy verjaar. Ek mis haar baie en wil baie graag vir haar 'n stukkie kaas stuur." Patricia het skepties om haar rondgekyk asof sy gedink het dat dit een van haar familieleden was wat die gek met haar geskeer het. Felix spring toe op haar skoot.

Met sy klein muis handjies teen mekaar, smee hy haar toe om hulp. Toe Patricia in sy muisogies kyk, en 'n traantjie sien het haar hartjie gesmelt. Sy tel hom toe op en gaan

soek 'n stukkie kaas in die fabriek sonder dat haar familie haar sien. Want o wee, as hulle tog sien dat Patricia met 'n muis rondloop sal hulle dadelik dink hier's groot fout!

Patricia en Felix het die grootste gedeelte van die oggend onder 'n boom, net buite die fabriek gesit en gesels en beplan hoe sy moet maak om Felix se ouma op te spoor. Felix het haar mooi verduidelik waar die skuur is op die plaas langs hulle. En net daar en dan besluit die jong rooikop dogtertjie om die pad aan te durf. Sy neem die stukkie kaas, sit dit saam met haar toebroodjies in haar rugsakkie en loop na die bure se plaas toe.

Patricia het sommer vinnig die skuur gekry en was baie opgewonde. Toe sy die skuur binneloop sien sy dat daar 'n klomp mense binne was wat gewerk het. Sy maak haar keel skoon en vra ewe trots, "het julle dalk vir Ouma muis gesien?" Die mense het geskatterlag en arme Patricia se wange het net so rooi geword soos haar hare. Die mense het

hulle nie verder aan haar gesteur nie, en Patricia het stilletjies tussen die krakke en barste van die vloerplanke begin roep na Ouma muis.

"Felix se Ouma! Is jy hier?" het sy oor-en-oor gefluister. Na 'n rukkie kom daar iets uit tussen die krakke. Patricia het so groot geskrik dat sy op haar boude geland het. "Wie is opsoek na Felix se ouma?", kom daar 'n vriendelike muis-stemme tjie van onder.

"Ek is Patricia en ek woon op die plaas hier langs. 'n Baie vriendelike muis met die naam Felix het my gevra om na sy ouma te kom soek. Hy het 'n lekker stukkie kaas vir haar gestuur," het Patricia ewe braaf gesê.

Ouma muis was baie in haar skik omdat dit juis vandag haar verjaarsdag was. Nadat Patricia vir Ouma muis die kaas gegee het en hulle lekker gesels het, het Ouma muis vir haar gevra of sy haar 'n groot guns kan vra.

Lees verder saam op **bladsy 44** >

'Lockdown' Resepte

Met die inperking het baie van ons weer begin om daardie ou familie- en goed beproefde resepte nader te trek. Van ons Lalakoi adverteerders en vriende het die volgende maklike resepte met ons gedeel!
Hoop julle geniet dit!



BROCCOLI EN MIELIEGEREG

500 g gaar broccoli
1 blik geroomde mielies
500 ml gerasperde cheddar kaas
1 blik room
2 eiers
sout en peper
25 ml meel

Meng die kaas, broccoli, room en mielies saam.
Klits eiers met meel, sout en peper.
Voeg by broccoli-mengsel en skep in gesmeerde bak.
Bak vir 40 minute teen 180°C.

Elmarie Slabbert

LEMONADE SCONES

3 ½ cups of self raising flour
1 cup thickened cream (heavy cream, not whipped)
1 cup lemonade
To serve: whipped cream and jam

Preheat oven to 180°C. Line tray with baking/ parchment paper.
Mix the flour, cream and lemonade. Do not over mix.
Turn out onto a floured surface, knead gently just 3-5 times.
Then gently pat into a disc shape 2.5cm thick.
Use a 6cm round cutter to cut rounds – press straight up and down (don't twist), flour cutter in between. Use a knife or similar to scope up and place on tray. Brush to tops lightly with milk.
Bake for 15 minutes until golden on top.
Serve with cream and jam, and of course tea!

Tilana Williams

JOGURT TERT

1 pakkie tennisbeskuitjies
3 e botter
1 blik kondensmelk
500ml jogurt (enige soort)

Meng gesmelte botter met fyn gemaakte tennisbeskuitjies.
Gebruik mengsel om 'n kors te maak.
Meng jogurt en kondensmelk goed.
Gooi die mengsel in tertkors.
Mikrogolf vir 3 – 5 minute (afhangend van mikrogolf).
Plaas in die yskas vir so 30 minute en geniet!

Suezette Snyman

MINI TUNA TARTS

1 tin tuna
1 onion
2 eggs
1 cup of milk
1 cup of cheese
3 T flour
1 t baking powder
Optional Spice:
gherkins & cayenne pepper

Preheat oven to 180°C.
Mix all ingredients together.
Sprinkle cheese on top.
Bake in oven for 15/20 min.

Cecilia Zietsman

DIET MUFFINS

500 ml semels
20 ml bakpoeier
1 ml sout
60 ml botter
250 ml water
2 eiers
3 suikersakkies
1 koppie gerasperde kaas
bacon

Meng en bak in muffinpanne vir 20 minute teen 180°C

Kiki Smit

Does anyone have a recipe for 'I don't know' or 'I don't care'?

It is what my family requested for dinner and I can't find any recipes!

'Lockdown' Resepte

MAKLIKE MIKROGOLF SJOKOLADE KOEK

250 ml bruismeel
(of koekmeel met 2 teelepels bakpoer)
2 ml sout
125 ml kookwater
125 ml olie
45 ml kakao
200 ml suiker
3 eiers
5 ml vanielje geursel

Meng bruismeel, kakao, suiker, sout en voeg daarby die kookwater en olie. Voeg lig geklitste eiers by. Moenie te veel klits nie!
Gooi in gesmeerde mikrogolf bak en bak 3 min op hoog en 3 min op med.
Kan ook in oond bak – neem so 30 na 35 min
Keer uit op bord en gooi dadelik sjokolade versiersel oor. (Of koel af en versier.)

Wilma Burger

SPEKVLEIS & SAMPJOEN RYS

3 koppies gaar rys
1 pakkie spekvleis
1 pakkie sampioene
1 koppie room
1 ui
swart peper

Braai die spekvleis saam met 'n ui. Gooi dan die sampioene in en braai tot alles gaar is. Gooi die spekvleis en sampioene by die gaar rys en meng goed deur. Gooi die room en swart peper oor en meng goed.
Kan warm of koud bedien word.

Bernadine Ehlers

MAKLIKE VISKOEKIE RESEP

1 blikkie Pilchards in tamatiesous of tuna
1 eier
1 med grootte gerasperde ui
1 gerasperde appel
bruismeel (genoeg om die mengsel te bind)

Meng alles en skep lepels vol in bietjie warm olie. Draai om as dit gestol het.

Wilna Erasmus

HOENDER RESEP

1 koppie tamatiesous
1 koppie blatjang
¼ koppie worcestersous
½ koppie olie
½ koppie wit wyn
2 gerasperde uie
½ koppie suiker (of na smaak)

Meng alles en kook effens op stoof (net stroop)
Vryf speserye in die hoender in.
Sit hoenderstukke in sous en kook vir ongeveer 15 – 20 minute.
Braai die hoender op rooster tot gaar en pak terug in bak met sous.

Elmarie Slabbert

JENNY SE SJOKOLADE FUDGE

1 ½ pakkies Marie- of Tennisbeskuitjies
250 g margarine
2 e kakao
2 eiers
1 t vanielje geursel
500 g versiersuiker
knippie sout

Smelt die margarine, versiersuiker en kakao in 'n pot op die stoof.
Klits die eiers apart. Haal van die plaat af en roer die geklitste eiers en vanielje geursel in.
Gooi die gebreke beskuitjies by die mengsel in die pot.
Smeer 'n plat bak en gooi die mengsel daarin.
Sny na 'n rukkie en sit in die yskas om te stol.
Sny later verder deur.

Jenny Coetzee



Boere Rate & Wenke

Boererate laat my altyd dink aan konkoksies van dinge wat jy meestal in elk geval in die huis het om; gesond te maak, mooi te maak en skoon te maak. Dis wenke wat van geslag na geslag oorgedra is, sommiges meer doeltreffend as ander soos jy jouself kan indink. Almal van ons ken een of ander boereraat wat jy by 'n ouma, ma, tannie of vriendin gehoor het waaraan jy glo en gereeld gebruik.

'n Boereraad wat meeste van ons baie goed ken is die gewilde en beproefte raad vir griep. Ongelukkig bevat die resepte 'n bestanddeel wat tans nie so vrylik beskikbaar is in Suid Afrika nie. So as jy een van die gelukkiges is wat nog die nodige het probeer gerus die een!

 Meng 25ml van 'n hardehout drankie soos whisky, brandewyn of rum met kokende water, 'n teelepel heuning en bietjie gemmer. Drink die drankie so warm as moontlik en klim dan in die bed om te rus en die "siek wees" uit te sweet. (dit is raadsaam om eers jou geneesheer te kontak!)

Ek deel graag 'n paar van my ander gunsteling boererate en wenke vir in en om die huis met jou. *Gebruik rate op eie risiko. Daar is geen waarborg dat die rate en wenke vir almal sal werk nie!*

Potplante en veral varings sal mooi groei as jy koffiemoer of teeblare om die plant op die grond strooi en dan natmaak.

Malvas sal weiliger groei en groter blomme dra as hulle twee keer per week met sterk koue tee natgemaak word.

Vee huisplante se blare af met 'n lappie wat gedoop is in 'n mengsel van 1 deel water en 2 dele melk. Dit sal die blare mooi blink laat vertoon.

Te veel sout in jou bredie? Voeg 'n geskilde rou aartappel by. Die aartappel sal die sout absorbeer.

Skep 'n pampoen se pitte met 'n roomyslepel uit, vinnig en maklik!

Bedek die bak van 'n kombuis skaal met kleefplastiek voordat jy die bestandele daarop weeg. Die bak bly skoon en jy hoef dit nie te was nie.

Om eierwitte lekker styf te klits gebruik 'n skoon en droë metaalbak.

Moenie die oorskiet wyn weggooi nie. Vries dit in ysbakkies en gebruik in disse en souse.

Sit kerse vir 24 uur in die yskas. Die kerse sal meer egalig en langer brand.

Geblokte afvoerpype? Gooi 'n handvol koeksoda, 'n koppie asyn en dan 'n ketel kookwater in.

Om 'n ingeduike merk op 'n mat, veroorsaak deur 'n swaar meubelstuk, te verwyder plaas 'n ysblokkie daarop. Wanneer die ys gesmelt het sal die merk weg wees.

Maak silverware maklik en vinnig skoon. Gooi 'n halwe koppie koeksoda en 'n halwe koppie sout in 'n bak wat uitgevoer is met foelie (blink kant na bo). Voeg warm water by en dompel die silverware daarin vir +-2 minute. Spoel met skoon water af en droog af met sagte lap.

Haal etikette van glas bottels maklik af deur 'n pasta van kookolie en koeksoda te maak en oor die etiket te smeer. Laat staan so 10 minute. Die etiket en gomlaag sal nou maklik afwas met warm seep water.

Laaie wat sukkel om oop te maak kan bo en onder met seep of kerswas gesmeer word.



Wen - wen - wen - wen

- "Ek Wil, Ek Kan, Ek Sal, Ek Gaan Braai" Pet
- "Gebore om te Braai" Voorskoot
- "Braai Reëls" Dekorbord

**Totale
Waarde
R480**

Hoe kan jy wen?

- 1) "Like" ons Facebook blad
- 2) "Like" die Kompetisie "post" en "tag" 3 vriende

Die wenner sal op 24 September 2020 wat Braaidag is gekies en bekendgemaak word. Sien ons webblad en Facebook vir meer inligting en reëls.

Pieter – 076 449 3306
Wilma – 082 449 6186
www.onsbraai.co.za
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Ons Braai - wie, wat en waar?

Die Ons Braai Span

Ons is doodgewone mense met 'n passie vir braai - Pieter en Wilma Burger. Die idee het een Sondagmiddag tydens 'n braai ontstaan en voor die nagereg bedien is het ons 'n paar konsepte op papier gehad. Die volgende naweek het Pieter ons vriende beïndruk met die heel eerste Ons Braai t-hemp!

Die Ons Braai Produkte

Die Ons Braai reeks bestaan tans uit t-hemde, pette, voorskote en dekorborde. Alle Ons Braai ontwerpe en slagpreuke is uniek aan ons.

Ons Braai Aanlynwinkel

Die Ons Braai konsep is met oorweldigende reaksie verwelkom. Ons was verbaas oor hoe gewild die t-hemde en dekorborde was. Die heel eerste Ons Braai-stalletjie in Hartenbos was vet pret en die beste van alles was dat ons amper al die voorraad wat ons daardie dag gehad het uitverkoop het! Deesdae kan jy die Ons Braai produkte bestel vanuit die gemak van jou eie braai-area of vanaf enige bestemming via ons aanlynwinkel. Jy is natuurlik welkom om ons persoonlik te kontak.



Tours & Transport

Zeelie Taxis in George offers a complete Taxi/cab, airport shuttle and transfer service. Established more than 30 years ago they are the preferred transport service for many. They operate 24/7 and offer a reliable, prompt and affordable service. Tel No: 044 874 6707

Swellendam

Things to Do & Places to Visit

At The Berry Guest Farm you can pick your own berries during season time, walk through the berry maze and enchanted forest, experience a tractor ride, paddle in a boat on the farm dam, try their homemade liquors and jams in the tasting room and relax with coffee or a berry smoothy. Tel No: 082 961 2395 / 082 421 8555

Accommodation

Self Catering

The Berry Guest Farm

From R350 p.p sharing
Tel No: 082 961 2395 / 082 421 8555

Malagas

Accommodation

Hotels

Malagas Hotel

From R790 p.p sharing
(Dinner, Bed & Breakfast)
Tel No: 028 542 1049

House Boats

Breede River House Boats

Price on Request
Tel No: 028 542 1049

Venues

Malagas Hotel

Tel No: 028 542 1049
Weddings Conferences Functions

Vlees Bay

Eating Out

Stoepsit Restaurant situated on the Vlees Bay / Boggoms Bay / Gouritsmond Road is a fully licensed restaurant offering a relaxed ambience, good food and extensive wine list. Open every weekend; Saturday for breakfast and light meals and Sunday for Lunch. In Season – open daily from 09h00. Tel No: 076 190 3330

Venues

Stoepsit Restaurant & Venue

Tel No: 076 190 3330
Weddings Conferences Functions

Herbertsdale

Things to Do & Places To Visit

At Jakkalsvlei Private Cellar winemaker Jantjie Jonker produces true Garden Route Wines. Join them for a wine tasting and relax at the restaurant and deck area, bookings essential. From mid February to mid March you can pick your own hanepoot grapes. Tel No: 044 333 0222

Eating Out

Visit Jakkalsvlei Private Cellar and enjoy the 'create your own' cheese platters, pizzas, gourmet burgers and black board specials in the restaurant overlooking the vineyards. Bookings are essential. Open Mondays to Sundays 10:00 to 16:00 (extended hours during peak season). Tel No: 044 333 0222

Venues

Jakkalsvlei Private Cellar

Tel No: 044 333 0222
Conferences Functions

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Kontreikos & Kuier

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Sondag Buffet-middagetes



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Vleesbaai Troues, Funksies & Jaareindfunksies

Kontreikos & Kuier

Stoepsit Restaurant en Venue is 'n unieke restaurant en funksielokaal, slegs 'n paar minute se ry vanaf Mosselbaai, geleë naby Vleesbaai.

Hierdie is een van die mees gewilde liggings vir troues en funksies in die Tuinroete, weens die unieke kontrei atmosfeer en smullekker kosse.

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- ✓ jaareindfunksies
- ✓ kombuistees
- ✓ ooievaarstees
- ✓ en ander spesiale geleenthede

Asook vir hul legendariese Sondag Buffet-middagetes.

Kontak Stoepsit by 0761903330 om te hoor hoe hulle jul droomfunksie kan verwesenlik.



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THINGS TO LOOK AT WHEN BUYING A USED CAR

- ▶ Make an appointment to view the car. Take someone with you who knows about mechanical things.
- ▶ Break your inspection up into Bodywork and Mechanical.
- ▶ Pay attention to the windscreen for chips and cracks.
- ▶ Open the boot and look inside. Check the spare and tools.
- ▶ Open the bonnet and check the firewall, shock housings and chassis rails for signs of repair or damage.
- ▶ Check inside the car. Look at the general condition of carpets and upholstery. Test everything including electric windows, mirrors, radios, CD's and seat mechanisms.
- ▶ Check the service books. Compare actual mileage to the last service.
- ▶ Test drive time. Start the car; does it start easily when cold? Test the car on a highway if possible.
- ▶ Check all the instruments are working properly, including check that the aircon is actually making cold.
- ▶ Does the car drive quietly? Do the gears select easily? How does the clutch feel? Does the car pull left or right? Are the brakes effective? Check the handbrake. Take the car to a place where you can lock the steering fully and drive in a tight circle. Test it in both clockwise and anti-clockwise directions. You are listening for noisy CV joints.
- ▶ If you are uncertain at any stage about the overall condition of the car, you can ask for an AA test. Be prepared to foot the rather hefty bill for this, but at least you will get a thorough report on the car.

Mossel Bay

Things to Do & Places to Visit

Visit the **Bartolomeu Dias Museum** in Mossel Bay. The Museum Complex consists of the Maritime Museum that houses the life size replica of the Carvel that was used by Bartolomeu Dias in 1488, the Post Office Tree which is regarded as the 1st Post Office in South Africa, a Shell Museum and Aquarium, as well as the Granary. Tel No: 044 691 1067

Blasters Centre is a popular family entertainment centre offering something for the whole family! This is the ultimate fun destination in Mossel Bay. They offer indoor play area for kids, putt-putt, arcade games, pool tables, and a fully licensed restaurant and bar area. Tel No: 044 692 0521

Enjoy a deep sea fishing trip with **Mossel Bay Deep Sea Adventures!** Up to 10 persons can be accommodated on a trip. All tackle and bait is supplied and all fish caught may be kept (subject to bag limits). Ideal for team building. Tel No: 083 260 2222

Mia Muis Pleasure and Fishing Charters is a pleasure and deep sea fishing charter in Mossel Bay. This 7.5meter trim craft can accommodate up to 10 people and is stocked with all fishing gear, tackle and all bait needed. For seal island trips or exciting deep sea fishing trips, contact Michelle van Zyl Tel No: 084 806 9282

Da Playhouse is a popular kids indoor play area at Diaz Beach Mossel Bay. Here kids from 6 months to 9 years can play and explore while their parents enjoy a light meal, snack or something to drink at the restaurant. The play area

offers a soft play area, jumping castle, slides, tunnels, arcade games and more! Tel No: 084 578 9108

At **Jakkalsvlei Private Cellar** winemaker Jantjie Jonker produces true Garden Route Wines. Join them for wine tastings and relax at the deck area, bookings essential. From mid Feb to mid March pick your own hanepoot grapes. Tel No: 044 333 0222

Eating Out

Enjoy the stunning views at **The Below the Light House Restaurant** at the Point Hotel & Spa. Open daily from 07h00 till late to the public. They serve buffet breakfasts, a la carte lunches and dinners as well as light meals throughout the day. Tel No: 044 691 3512

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Visit **Jakkalsvlei Private Cellar** and enjoy the 'create your own' cheese platters, pizzas, gourmet burgers and black board specials in the restaurant overlooking the vineyards. Bookings are essential. Open Mondays to Sundays 10:00 to 16:00 (extended hours during peak season). Tel No: 044 333 0222

Sushi and Chinese Dump-lings is a family run restaurant in Mossel Bay offering mouth watering traditional Chinese food and freshly prepared sushi. The restaurant is situated at the Bay View Spar Centre Mossel Bay. Enjoy all-you-can-eat sushi buffet on 25th of each month from 17h00 – 21h00. Tel No: 044 690 4164

Accommodation

Hotels

Point Hotel and Spa

Rates on Request
Tel No: 044 691 3512

Self Catering

Greenhouse-effect

From R 800 per unit, sleeps 4
Tel No: 082 415 4649

Dream Makings

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Steopsit Cottage

Price on Request
Tel No: 076 190 3330

Venues

Da Playhouse

Tel No: 084 578 9108
Conferences Functions Kids Parties

Point Hotel and Spa

Tel No: 044 691 3512
Weddings Conferences Functions

Jakkalsvlei Private Cellar

Tel No: 044 333 0222
Conferences Functions

Bartolomeu Dias Museum

Tel No: 044 691 1067
Conferences Functions

Blasters Centre

Tel No: 044 692 0521
Conferences Functions Kids Parties

Sushi & Chinese Dumplings

Tel No: 044 690 4164
Weddings Conferences Functions Kids Parties

Businesses

Shopping

Pine Creations (Furniture Shop)
Tel No: 044 695 4989

Oasis Water Mossel Bay
Tel No: 044 695 0151

Die Plaasstal

(Biltong, Dried Fruit and Preserves)
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The team at Pine Creations now also transforms pine furniture with different colours, giving new life to your pine furniture!



Oasis Water Mossel Bay
Tel No: 044 695 0151

Die Plaasstal

(Biltong, Dried Fruit and Preserves)
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H & N Beekeepers (Honey Supplier)
Tel No: 082 539 8445

Redding Boeke & Bybels
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De Ville's Men's Outfitters
Tel No: 044 690 3410

Vredebest Packaging
Tel No: 044 695 1381

Just It – Diaz Beach (Gift Shop)
Tel No: 082 416 1726

Dazzle It (Fashion Accessories)
Tel No: 082 416 1726

Toucan Materiaal & Wol
(Material & Wool Shop)
Tel No: 044 695 4063

Nykie Baby Clothing and Accessories
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Snooker & Pool Supplies
Tel No: 072 447 8786 / 082 852 1454

Aqua Regia (Water Purifications & Refills)
Tel No: 086 046 2255

The Goods Shed Indoor Complex with individually owned small businesses offer an unique shopping experience. Hours: In Season – 7 days a week from 09am to 6pm | Out of Season – Tue to Sat 09am to 5pm. Sun from 09am to 2pm. Address: T-junction of Bland and Mitchell Street, Mossel Bay

Die Sokkie Tannie (Sock Shop)
Tel No: 082 410 6088

Deltronics (Electrical Supplies)
Tel No: 083 468 2138

The Party Box (Party Supplies)
Tel No: 063 966 4081

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Unieke Kouse Winkel in Mosselbaai

Die Sokkie Tannie in The Goods Shed Indoor Fleamarket, Mosselbaai is 'n unieke kouse winkel wat sy bestaan gekry het toe Sokkie Tannie sokkies by al die verskillende skoue en feeste verkoop het.

Die Sokkie Tannie het amper 30 jare se ondervinding in die kouse bedryf en kan kliente altyd 'n goeie prys beding en goeie raad om die regte kous aan te koop. Daar is 'n groot verskeidenheid sokkies soos sportsokkies, diabetiese sokkies, stapsokkies, industriële sokkies, army sokkies, legwarmers, of selfs sokkies wat jy as geskenk kan gee asook elke dag dra sokkies. Daar is net te veel om te noem so die wyse besluit sal wees om 'n draai te maak by Sokkie Tannie in The Goods Shed.



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House of Cotton Road

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New Larger Better Premises at Diaz Beach

Adri 082 416 1726
Diaz Convenience Centre, Beach Boulevard Rd, Diaz Beach, Mossel Bay

Dazzle-It New Larger Better Premises Now in Diaz Beach

After 8 years in the Goods Shed, Adri the owner of Dazzle It, a well-known handbag and gift shop, moved her shop to Diaz Beach.

Adri invites you to visit her new larger, better premises of Dazzle It. Dazzle It made name over the past few years as, "House of Cotton Road" in the Garden Route!

The shop stocks a wide range of original Cotton Road handbags, travelbags and wallet, as well as a large selection of fashion accessories, jewellery, gifts, clothing, Ruah pamper products, scarves and lots more!

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(NCRDC1196)

Tel: 044 690 3782/7
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(Filment Centre)
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Mossel Bay Ford
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Mossel Bay Volkswagen
Tel No: 044 692 0206

Graaff Brakes (Disc Skimming)
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The Workshop (Service Centre)
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ALUMINIUM BURGLAR BARS

More colours on request



www.traxdorcape.co.za - watch

FREE QUOTES - 086 111 1292 / 044 695 4970

24 VIA APPIE STREET, VOORBAAI, MOSSEL BAY

INTRODUCTION to the Traxdor Garden Route team



Traxdor Mossel Bay/ Garden Route is known as the leading installer of high quality security doors, -barriers and burglar bars. The director, Loot Lombard took over the franchise in 2011 and has since then managed to achieve the National award as "Top Sales Winner" of the Traxdor franchises.

The team of highly trained technicians are specialists in the industry and handles everything from services, sales to installations.

Their service area stretches from Swellendam to Plettenberg Bay including Uniondale, Joubertinia, Beaufort West, Ladismith and Victoria West.

There are no chances to be taken when it comes to your security and safety!

Photograph - Left: Marinus (sales representative) and Loot (director)
Right: The team of Traxdor Mossel Bay/ Garden Route



JAUNRE HEUNIS
044 692 0229
082 303 3785



We specialize in Solar and Electrical Solutions

WE SUPPLY QUALITY PRODUCTS, BACKED BY OUR PROFESSIONAL SERVICE TEAM!

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Electrical Fences
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We are registered to C.O.C Electric Fencing

REGISTERED WITH ELECTRICAL CONTRACTING BOARD OF SOUTH AFRICA
INFO@OMEGAWATTENERGY.CO.ZA | WWW.OMEGAWATTENERGY.CO.ZA
9 VIA APPIE ST, VOORBAAI, MOSSEL BAY

Load Shedding hits again

Even amidst the current COVID19 pandemic, Load Shedding hits us hard again. Omega Watt Energy and Solar Services offers you a number of different options to keep your lights on, whether it is residential use, commercial or industrial.

Omega Watt Energy and Solar Services offers reliable grid backup systems and solar systems. This provides you with the best and cost effective ways to protect against losses that may occur due to load shedding.

They offer professional service and advice on the best options for your specific needs. Omega Watt Energy and Solar Services stocks a large range of inverters, batteries and more!

Contact Jaunre Heunis, the owner and qualified electrician to discuss how they can assist you.



Your one-stop paint shop - now in Voorbaai

Economical PVA's | High Cover | Acrylic | Sheens

Enamel | StormGuard | Roof Paints

Quick DIY Industrial Primers | Chalk Paint & Paint Accessories

PROFESSIONAL PAINT MIXING & COLOUR MATCHING

OUR NEW PREMISES: Shop 14, Bayview Plaza,
C/o Louis Fourie & Garret Street, Voorbaai, Mossel Bay



The Best Paint for your Home

Visit United Paints Mossel Bay for all your paint supplies



Kitchen

Requirements: Durable, easy to clean paint

Recommendation: High-gloss or semi-gloss finish



Family Room

Requirements: Easily cleaned, can stand up to high traffic

Recommendation: Satin finish



Dining Room

Requirements: Clean, smooth-looking walls for low traffic

Recommendation: Eggshell finish



Bedroom

Requirements: High-pigment wall coverage for low traffic

Recommendation: Flat or matt finish

Omega Watt Energy & Solar Services

Tel No: 044 692 0229 / 082 303 3785

Big John (Handyman)

Tel No: 082 925 5266

Light City and Electrical

Tel No: 044 695 0063

United Paints Mossel Bay

Tel No: 044 690 3889

Outeniqua Electrical Wholesalers

Tel No: 044 695 0154

Van Eeden & Stander Bousers (Builders)

Tel No: 082 571 5407 / 072 390 1484

Tool Guys (Tool & Equipment Hire)

Tel No: 044 695 1419 / 076 519 6839

Dries Meubels (Cabinet Maker)

Tel No: 072 967 2243

Ewald Harvie Draughting

Tel No: 072 756 2012

Arts & Crafts

Art Addict (Art Studio/Classes)

Tel No: 082 940 6386

Medical

Dentist @ Bridgeway

Tel No: 044 695 4558

MLS Optical (Optometrist)

Tel No: 064 769 1013

Die Tandmuis se Huis (Dentist)

Tel No: 044 691 2421 / 078 646 5440

Health & Beauty

Michelle's Haircraft

(Unisex Salon)

Tel No: 079 293 1993

Wings Fitness Studio

Tel No: 074 740 6803

Beauty at the Bay (Day Spa)

Tel No: 044 691 2817

Point Hotel and Spa

Tel No: 044 691 3512

D-Studio (Skin & Hair Aesthetics)

Tel No: 044 690 4491

Hartenbos

Things to Do & Places to Visit

Mossel Bay Helicopters is one of the leading names in the helicopter charter business in the Mossel Bay area. They offer a range of scenic flights, as well as commercial flights and more. Mossel Bay Helicopters have flights and services to suit any budget. Tel No: 044 695 1660 / 073 935 8065

Bergsig Game Farm offers a break away for adventure only a mere 7km's from Hartenbos en route to Oudtshoorn. They offer private activities such as game drives, hunting experiences and quad biking in the over 5,000 hectares of savannah, grass plains, thick bush

veld, mountains and valleys. Tel No: 044 695 1660 / 073 935 8065

Eating Out

Eat in, Take out. At **See Spens Hartenbos** you can expect only the best quality and value for money! Enjoy their traditional fish and chips, calamari, wraps, vetkoeke, burgers, toasties and nuggets. Daily specials and pensioners specials every Thursday. Tel No: 082 808 922

The **Driftwood Restaurant** is situated in The Riviera Hotel, on the banks of the Hartenbos River. Enjoy meals from the a-la-carte menu 7 days a week for breakfast, lunch and dinner. Tel No: 044 695 1503

Find Lalakoi on Facebook
gardenroutedirectory



044 691 2421

078 646 5440

Dr Stephen Carse

Praktyke in Mosselbaai en Hartenbos



Algemene Tandheelkunde

Kosmetiese Tandheelkunde

Implantate | Ortodonsie

Hoogstraat 101,
Mosselbaai

Maandag - 08:00 - 16:00

Woensdag - 08:00 - 16:00

Vrydag - 08:00 - 13:00

Kaap de Goede Hooplaan,
Hartenbos

Dinsdag - 08:00 - 16:00

Donderdag - 08:00 - 16:00

Vrydag - 14:00 - 17:00

Mosselbaai Tandarts nou ook in Hartenbos

Die Mosselbaai tandarts, Dr. Stephen Carse van Die Tandmuis se Huis, het nou ook 'n praktyk in Hartenbos!

Dr. Carse is passievol oor tandheelkunde en bied 'n rustige atmosfeer waar oud en jonk op hul gemak kan voel.

Die praktyke is geregistreer by meeste mediese fondse en bied ook betaal opsies aan vir privaat pasiënte.

Bring gerus die jongspan, hierdie praktyk is kindervriendelik!

EAT IN SEE SPENS
TAKE OUT

FAMOUS FOR OUR FISH & CHIPS

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PHONE & PLACE ORDER

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TAKE OUT

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Medium Vis & Skyfies slegs R 35

Elke Donderdag tot einde September 2020

Accommodation

Hotels

The Riviera Hotel
Price on request
Tel No: 044 695 1503

Self Catering

Riviera Hotel Self Catering
Rates on request
Tel No: 044 695 1503

Suidersee Self Catering Accommodation
From R 500 per unit per night
Tel No: 044 695 1982

Bergsig Game Farm
Rates on request
Tel No: 044 695 1660 / 073 935 8065

Hartenbos op die Strand
Price on request
Tel No: 044 695 2211 / 076 027 2683

Kasteel aan Zee
From R500 to R1 300 per unit
Tel No: 082 554 5320

Venues

The Riviera Hotel
Tel No: 044 695 1503
Weddings Conferences Functions Kids Parties

Businesses

Shopping

Hartenbos Caravans & Outdoor
Tel No: 082 701 8295 / 082 051 6130

Hartklop Ietsie van Alles
Tel No: 044 695 0244

Divvies Slaghuys (Butchery)
Tel No: 044 692 0149

Hartenbos Slaghuys (Butchery)
Tel No: 044 695 1136

Houtwerk (Wendy House and Woodwork)
Tel No: 076 579 4168



CK'S BEANIES
082 314 0450

PONYTAIL BEANIES, BEANIES AND EARWARMERS

for Adults, Kids, Toddlers and Babies

Prices range from R30 to R95

Based in Hartenbos, Courier Nationwide



Medical

Die Tandmuise se Huis (Dentist)
Tel No: 044 691 2421 / 078 646 5440

Dr Jacques Schoeman (Dentist)
Tel No: 044 695 4170

Hartenbos Optometrist
Tel No: 044 692 0247

Health and Beauty

Alicia Heunis Make Up Artist
Tel No: 076 759 7997

Sweet Pea Beauty (Beauty Salon)
Tel No: 076 759 7997

Love Yourself Permanent Make Up
Tel No: 082 927 3726

The Beauty Chair (Beauty Salon)
Tel No: 082 444 0729

Oupie Kedoupe
Tel No: 072 107 4449

Kalahari Vleis & Deli (Butchery & Biltong)
Tel No: 071 658 7208

Hartenbos Sport
Tel No: 044 695 0244

Services

Strandloper Animal Clinic (Veterinarian)
Tel No: 044 695 0729

Mojo Music School
Tel No: 076 943 7264

Arts & Crafts

Creative Hands (Craft Shop)
Tel No: 083 507 7891

Vet Pret Kuns (Kids Arts & Craft Classes)
Tel No: 082 314 0450

Motor Industry

ACD Q-Fit (Vehicle Servicing & Fitment Centre)
Tel No: 044 695 2600 / 082 378 8277

Easy to buy your
scrunchies online now!

www.ckscrunchies.co.za



CK's SCRUNCHIES

SCRUNCHIE SHOP

Girls who wear
scrunchies lead
colourful lives

CK's Scrunchies is a small business by a young entrepreneur making and selling scrunchies for hair! Today CK's Scrunchies are available online as well as various markets in the Garden Route.

Fancy | Velvet | Funky | School
Prices range from R10 - R20 each

**Based in Hartenbos
can courier nationwide**

**Contact us on 082 314 0450 to order
or buy online on our shop.**

Success story of a young entrepreneur

CK's Scrunchies is a small business of a young entrepreneur, making and selling scrunchies for hair! Christi a 9 year old from Hartenbos started making and selling scrunchies to her friends for extra pocket money. This however took off quickly and soon the business exploded.

Today CK's Scrunchies are available online, as well as various markets in the Garden Route.

Scrunchies are fun hair accessories for children as well as adults.

Scrunchies can transform any outfit to anything you want it to be.

Whether you want a sporty, fun or glammers look, with the right CK Scrunchie this is all possible.

The scrunchies can be couriered to any destination in South Africa.

MID-BRAK DIY HARDWARE

ELLIES E



Hardware, Boumateriaal,
Verf, TV Skottels (Ellies),
Tuingereedschap,
Sny van Sleutels
& vele meer!



044 696 6062
58 Koedoelaan, Rheeboek



Your DIY Shop in Rheeboek

Midbrak DIY stocks a large selection of tools and items needed for DIY projects in and around the house!

We specialize in hardware, building supplies, tools, paint, gardening supplies, plumbing and lots more!

Our team can provide you with expert advice.

Open 6 days a week - Rheeboek Little Brak River

Permanent Beauty (Beauty Salon)
Tel No: 071 408 7072

'n Bietjie Pamperlang

(Hair & Beauty Salon)

Tel No: 071 350 4353

Little Brak River

Accommodation

Self Catering

3 Bedroom Home

Price on request

Tel No: 073 386 6181

Businesses

Building, Maintenance & DIY

Midbrak DIY (Hardware Store)

Tel No: 044 696 6062

Give your
Business Advertising
A BOOST

Get listed on the Garden Route
Online Business Directory
www.lalakoidirectory.com

Great Brak River

Eating Out

De Vette Mossel is an open air beach restaurant where you can enjoy seafood in abundance. For 3 hours you can feast on as much as you can eat! A variety of fresh seafood is prepared & served straight from the grid to ensure the best quality seafood possible! Bookings essential! Phone or SMS: 079 339 0170

Accommodation

Self Catering

8 Sleeper Family Home

Price on Request

Tel No: 083 769 1990

Camping

Pine Creek Private Holiday Resort

Price on request

Tel No: 044 620 2434

Venues

De Vette Mossel
Tel No: 079 339 0170
Weddings Conferences Functions

Businesses

Shopping

Promoworks
(Promotional Apparel & Printing)
Tel No: 060 586 6054

Herold's Bay

Accommodation

B&B, Guest Houses, & Lodges

Mona's Bed and Breakfast
From R290 per person sharing
Tel No: 044 851 0218 / 082 851 8631

Eating Out

Relax in the country atmosphere **The Waffle Berry** located at the Herolds Bay Resort on the Oubaai Road. They serve waffles, pancakes, donuts, toasted sandwiches and much more. Kids can play in the kiddies play area and have fun while you relax! Tel No: 081 242 6889

Waboomskraal

Accommodation

Self Catering

InGrotto Self Catering
From R250.00 p.p sharing
Tel No: 072 235 8018 / 082 737 5154

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George

Things to Do & Places to Visit

Great entertainment and an experience of a life time await you at the **George Water, Lion and Reptile Park**. A family and child friendly outing that can keep you entertained for hours. Guided tours and feeding shows and great fun on the water slides! Tel No: 044 889 0028 / 082 972 2232

The **George Wildlife Park** offers an affordable family friendly outing. Visit the **Predator Park**, feed the farm animals or have hours of fun in the outdoor kiddies play area. School and other groups are welcome and guided tours can be arranged. Tel No: 044 889 0007

The **Garden Route Birds of Prey Rehab Centre** is a family friendly attraction. Here you will learn about the rescue, rehabilitation, release and the conservation of falcons, eagles and owls while being introduced to between 30 and 40 species of falcons. Tel No: 082 490 7510

Happy Valley Kids Play Centre offers a fun, safe and exciting indoor play facility and party venue for children aged 0 to 10. Facilities include 2 play areas, wall climbing, trampoline, art wall and coffee shop. Open 7 days a week during season. Tel No: 044 873 0046

The **Garden Route Mall** offers a relaxed one-stop shopping experience with more than 120 shops including restaurants and movie theatres. There really is something for everyone! Conveniently situated at the confluence of the N2 highway and Knysna Road. Tel No: 044 887 0044



Happy Valley Kids Play Centre
Play Area
Party Venue
Coffee Shop
SAFE & FUN SUPERVISED INDOOR PLAY CENTRE
FOR KIDS AGED 0 TO 10 YEARS



Mon - Sat: 09:00 - 17:00 Sun & Public Holidays: 10:00 - 14:00

Tel: 044 873 0046

10 Memorium Street, George | www.happyvalleygeorge.co.za

Visiting Happy Valley and Covid-19

Times have really changed! Upon entering Happy Valley my hands were sanitized and my temperature was taken. Luckily some things stayed the same like a friendly greeting (from behind a face mask) and a visibly clean restaurant and play area and please don't forget the great coffee! Annalize and her team is taking great care to ensure the safety of the staff, as well as all visitors. I visited her to find out what precautions they are taking.

How are you ensuring the safety of your visitors during this time? First of all we do daily screenings of all our staff, me included and every visitor. Wearing a face mask is compulsory. Our kitchen area is sanitized on an ongoing basis and staff are equipped with gloves and masks. The number of tables in the restaurant area has been reduced to allow for social distancing and guest will have to wear their masks unless eating. Tables and chairs will be disinfected after each sitting. We have a number of different sections in the play area, one child will be allowed per section at a time unless they are siblings who live and play together at home as well. The play areas will be rotated after each area has been disinfected before the "new" kid is allowed in.

Cleaning the ball pits must be a mission? Not really, we have enough balls to take them out after each rotation and replaced with disinfected ones.

And what about birthday parties? We have 2 separate party areas where we can accommodate a maximum of 10 children in each at a time. The same rules will apply as in the restaurant and play area. The layout of the tables will allow for social distancing and kids will have to wear masks when they are not eating or drinking. Parties can be hosted any day of the week at Happy Valley and we also offer a mobile party service at your home or school.

Eating Out

Texas Grill is a well known family friendly steakhouse. They cater for everyone with outside and indoor seating as well as a safe indoor kids play-ground and separate bar area. The menu makes provision for all preferences and tastes at great prices. Tel No: 044 873 3435

Parents can relax in the coffee shop at the children's entertainment centre, **Happy Valley**, while their children play in a safe and secure environment. The coffee shop overlooking the play area offers breakfast, light meals and sweet treats for all. Tel No: 044 873 0046

Relax and unwind at **The Bench Eatery and Bar** at 107 York Street. They offer a unique menu and strive to deliver excellent service and food that is innovative, appealing and delicious. All meals are well portioned and fairly priced. Open 7 days a week. Tel: 044 873 0566

Although Turkish elements are still evident, the food served at **Kafe Serefé** is mostly South African in taste and flavour with a Turkish flair. This multi award winning restaurant offers great ambience, friendly efficient service, selected daily specials, safe parking and most affordable wine list. Tel No: 044 884 1012

Kontrei Padstal is situated just outside George at the Sasol Fuel Station. It's where families and friends come together to enjoy the warm farm stall hospitality and good homemade food. With a safe play area for kids and a unique gift shop. Tel No: 044 889 0097

At the **Simply Delicious Restaurant** in the Eco Stop Centre in CJ Langenhoven Road it is all about the food! Enjoy a culinary journey with a menu that will tantalize your taste buds. Fine dining quality, wholesome portions prepared with fresh produce! Tel No: 084 525 4231

Accommodation

Self Catering

Bamboo Self Catering
From R350 to R400 per person
Tel No: 082 898 9752 / 072 588 1382

4 Bedroom Home with Pool
Price on request
Tel No: 082 859 7184

Venues

George Wildlife Park
Tel No: 044 889 0007
Functions Kids Parties

Kafe Serefé
Tel No: 044 884 1012
Functions

Happy Valley Kids Play Centre
Tel No: 044 873 0046
Functions Kids Parties

Kontrei Padstal
Tel No: 044 889 0097
Functions Kids Parties

Businesses

Shopping

Perfect Perfume
(Perfume & Cosmetics Shop)
Tel No: 082 564 8869

Cakes & Bakes (Home Industry Shop)
Tel No: 062 478 1027

The Gift Box (Gift Shop)
Tel No: 062 478 1027

Garden Route Mall
Tel No: 044 887 0044

Absolutely Perfect Water
Tel No: 044 873 6061 / 044 871 0911



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from R80



WOW
COSMETICS
BEST PRICES IN TOWN

Shop 4, Shamrock Place, 97 York Street, George
082 564 8869



Fragrance HOT SPOT

The best place to apply fragrance is on your outer forearm. Does this sound incorrect to what you have been taught? Try it, you will be pleasantly surprised! The fragrance will last much longer!

This tip is with the compliments of
Clifton and Mariana Fraser at Perfect Perfume George.



CAKES & BAKES

Phone: 062 478 1027
Shop 13, Pick 'n Pay Centre, C/o Knysna Rd & 4th Str, George

HOME BAKED TREATS

FIT FOR KINGS AND QUEENS!

Cakes & Bakes is a home industry (Tuisnywerheid) shop in George. This is one of those shops you cannot just walk past; it is a temptation you cannot resist! They stock freshly made home baked sweet and savoury treats fit for kings and queens!

Whether you are in a hurry and hungry, craving something sweet and delicious, having an office party and need to impress or expecting a guest – pop in at Cakes & Bakes in George. Here you can buy cakes, tarts, cupcakes, koeksisters, biscuits, rusks, quiches, savoury pies, jaffels and much more. Choose from the selection of fudge, coconut ice and other conveniently packed treats. Do try the carrot cake and lemon meringue! Birthday cakes, platters (sweet and savoury) can be ordered. A selection of homemade jams and other preserves including honey is available in store. Cakes & Bakes also stock conveniently packed herbs and spices.

Stunning ceramics for your tea party are also available from the Cakes & Bakes shop in George. The range includes ceramic bowls, mugs, cups, milk jugs, plates and more. These make great gifts! You can even buy serviettes while you are in the shop. The selection of succulents in beautiful containers doubles as decor and makes a great gift!

Trading Hours

- Monday to Friday: 9am to 6pm
- Saturday: 9am to 2pm

A TREASURE TROVE FILLED WITH GIFTS, FASHION & DECOR

FOR EVERY TASTE, STYLE AND BUDGET

The Gift Box in George is a gift shop packed with the most amazing items. Here you will definitely find something for everyone's taste, style and budget. They strive to stock items that are unique and different to your average gift shops. Pop in and choose from the range of gifts for ladies, kids and men.

Fashion accessories in stock at The Gift Box include a large variety of handbags including genuine leather bags. Choose from stunning jewellery items, gorgeous scarves, quality sunglasses and other fashion accessories. Who does not love beauty gifts? Anniq and Bulbinella beauty, skincare and health products are great gifts and available at The Gift Box. A wide range of essential oils are also in store.

Decor items to beautify your home are available from The Gift Box. Choose from a selection of soft furnishings including cushions and quilts. This gift shop also stocks the most beautiful ornaments and Ceramic items including bowls, mugs and more. Unique restyled furniture and wall art also available.

Trading Hours

- Monday to Friday: 9am to 6pm
- Saturday: 9am to 2pm



gift BOX
Something different

Phone: 062 478 1027
Shop 13, Pick 'n Pay Centre, C/o Knysna Rd & 4th Str, George

Absolutely perfectwater

MEMBER
Water Quality
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- Whole House Filtration Systems
- Maintenance and Services
- Personalised Labels
- Purified Ice
- Purified Bottled Water
- Ice Tea and Fruit Juice



York Street Boulevard, York Str | Tel: 044 873 6061 & Paddagat, Knysna Rd | Tel: 044 871 0911

What is Distilled Water?

According to Wikipedia Distilled water is water that has been boiled into vapor and condensed back into liquid in a separate container. Impurities in the original water that do not boil below or near the boiling point of water remain in the original container. The distillation process removes impurities; minerals and salt from the water thus offering you super pure water!



USES OF DISTILLED WATER

Drinking Yes, you can drink distilled water. Distilled water however has no mineral content therefore you should eat a healthy balanced diet.

Ironing Using distilled water in your iron will prevent build-up and corrosion inside your iron resulting in a longer life for your appliance.

Aquariums Distilled water is often used in aquariums as this water is free from chlorine, minerals and bacteria which can all be harmful to fish. When using distilled water in your aquarium ensure that the pH level is suitable and remember to add the necessary minerals for your fish.

Cosmetics, Health & Beauty Products When water is used in cosmetic, health and beauty products like make up, moisturizer, or medicine manufactures make use of distilled water. Distilled water is pure and free from pollutants, toxins and microbes that could harm you.

Laboratory Experiments As distilled water is pure and the pH level is 7, meaning it is neutral; therefore the results experiments done with distilled water will be accurate.

Batteries It is advised to use distilled water in batteries that require water. Tap water contains minerals that are harmful to batteries, even if added in small amounts. Distilled water is the wise option and is a much smaller investment than a new battery.

WHERE TO GET DISTILLED WATER? You can buy bottled distilled water from Absolutely Perfect Water in George. They also sell a water distiller which can be used to make your own. Contact them for more info!

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8 Memorium Str, George

044 150 0046



Best Before date only shows the last date at which the products will be top quality, thereafter the quality or colour may change, but it is still perfectly safe for human consumption.

044 150 0046

info@foodz.co.za

8 Memorium Street, George

Massively Discounted Prices
New Products Arriving Weekly
Save the Economy

DID YOU KNOW?

- > The Average South African wastes 177kg of food annually
- > Food waste costs the SA Economy R61.5 billion annually
- > The Best Before date is a quality date, not a safety date
- > 40% of food produced, never gets eaten
- > 25% of our fresh water is used to grow food that goes to waste



FOODZ

Best before factory store



The Wool Studio

**For all your knitting
& crochet supplies**



**101 York Street
George**

Tel: 044 873 5382

www.woolstudio.co.za

- Trading Hours -

Mon - Fri 09h00 - 17h00

Sat 09h00 - 12h30



Reel Run Fishing (Fishing Shop)
Tel No: 078 301 0254 / 071
889 1222

Venison Man (Venison Butchery)
Tel No: 071 209 7411 / 082 410
0929

Liquor City Express York
Tel No: 082 351 5955 / 082
545 9950

Suid Kaap Seep
(Supplier of Cleaning Materials)
Tel No: 044 873 6557

Foodz (Grocery Factory Shop)
Tel No: 044 150 0046

Frozen Foods Factory Shop
Tel No: 044 875 0140

Oasis Water (Water Supplier)
Tel No: 044 884 0478

Eden Toys (Toy Shop)
Tel No: 044 011 0013

The Wool Studio
Tel No: 044 873 5382

Fabric World
Tel No: 044 874 7632

George Carpets & Curtains
Tel No: 044 874 3507

Plastics for Africa
Tel No: 044 871 0271

Sky Gas (Gas Appliances & Refills)
Tel No: 044 873 0272

Bargain Nursery
Tel No: 073 141 2876 / 062
340 4953

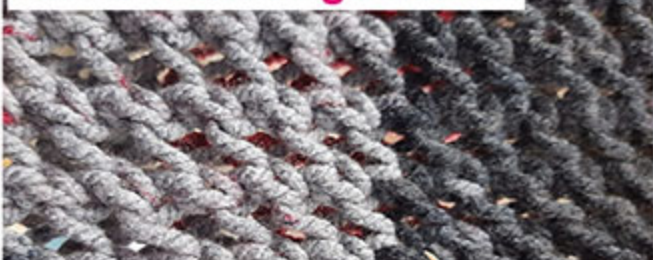
Norgarivier Nursery
Tel No: 083 462 8855 / 083
593 3620

Anysberg Biltong and Deli
Tel No: 044 887 0647 / 044
887 0546

Wildman Hunting & Outdoor
Tel No: 044 873 2149

De Kaap Meubels
Tel No: 044 884 1064 / 083
570 7849

Lilian's Knitting Pattern



Lilian's Knitting Pattern is an easy pattern that even beginners will master easily! You can use any type of wool or yarn for this beautiful pattern. This pattern is suitable for any project; from scarves to jerseys, blankets and much more!



The number of stitches and size of needles depends on yarn used.

Always use an even number of stitches.

Knit 2 rows garter stitch.

Pattern row: Knit 2 *yarn forward, knit 2 together* Repeat * to * until last 2 stitches. Knit 2

Continue in pattern until you have sufficient wool left over to complete project by knitting last 2 rows in garter stitch.

SKY GAS and SERVICES

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35 Market Street, George

Can Anyone Install Gas Appliances?

Absolutely NOT!!!

The incorrect installation of gas appliances is extremely dangerous and illegal. By law every gas installation is required to have a gas COC. These Certificates of Compliance are issued by registered gas installers to ensure installations are safe and legally conforming to the gas regulations and standards in South Africa.

Without a certificate of compliance the warranty on new gas appliance will be voided and your insurance will not cover any incidents or accidents. When you sell your property a COC is also required.

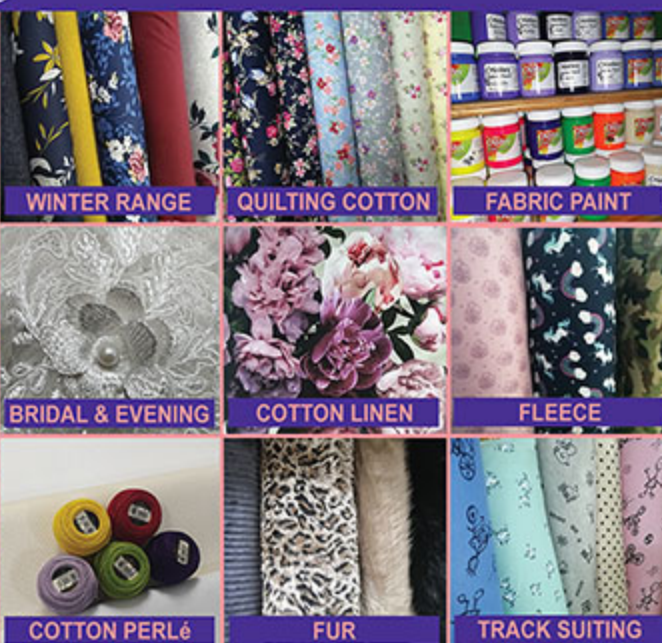
For professional and safe gas installations in George and the surrounding areas contact the gas experts at Sky Gas and Services.

Fabric World



76 Market Street, George's Walk Arcade, George
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No-Sew

Braided Fleece Blanket

Everybody loves a nice and snug blanket! I am not going to bore you with all the uses of blankets but will explain to you how to make your own no-sew fleece blanket!!! You can also make cushions the same way.

You can buy everything you need to make a No-Sew Braided Fleece Blanket at Fabric World. They have a stunning selection of fleece in stock to choose from.

You will need

- Two even size pieces of fleece. Not necessarily the same colour or design
- Scissors
- Tape measure
- Disappearing ink pen
- Crochet Pen

Instructions

Step 1: Lay the two pieces of fleece, one on top of the other with the wrong sides facing.

Step 2: Cut away 5cm squares from each corner. Cut fringe along each edge that is 2.5cm wide and 5cm deep, cutting through both the top and bottom fabrics.

Step 3: Cut a small hole in the middle of every fringe piece, approximately 0.5cm wide.

Step 4: Starting at one corner, pull the bottom piece of fringe through the small hole in the top piece of fringe. You can use a crochet pen. Then alternate by pulling the next top piece of fringe through the hole in the bottom fringe of the piece that was just pulled through the hole. Continue alternating top piece, bottom piece, around the entire blanket.

Step 5: When there is only one piece of fringe remaining, cut it in half and pull one half through the small hole of the previous piece. Knot the two halves together and tuck in the ends.

Enjoy your project and make a couple extra, it is a great gift! Hand made with love!





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Welkom by Wildman George!

Meeste van julle ken die winkel as Arms Tackle and Outdoor-world. Vanaf 1 Februarie 2020 het ons die voorreg gehad om deel te word van die George-gemeenskap. Wildman George het die vriendelikste personeel wat altyd gereed is om te help waar hulle kan.

Ons spesialiseer in wapens en het puik verkoops personeel wat jou kan help. Ons spog met 'n groot verskeidenheid wapens en bykomstighede. Teleskope, "silencers", vuurwapensakke en nog vele meer. Ons help gerus om jou teleskoop gratis op te sit terwyl jy 'n lekker koppie koffie saam met ons geniet.

Die koffie, wat spesiaal tot perfeksie vir ons gerooster word, word elke dag vars gemaak en is gratis vir almal om te geniet. Kom gesels met ons oor jou volgende jaguitstap, ons is altyd lus vir geselskap! Finanseer jou vuurwapen deur ons by Peerfin, jy kan self besluit oor hoeveel maande jy wil afbetaal 3, 6 of 12. Wildman is deel van NARFO, 'n sportskiet assosiasie, wat jou belange beskerm. Deur 'n lid te wees kry jy jou jaarlikse teikens om te skiet en jy kan alles op die webwerf oplaai. Ons help ook met die nodige papierwerk en motiverings vir vuurwapen aansoeke deur ons 'Legal and Law' afdeling in die winkel.

'n Geweersmit staan reg om wapens te diens, reg te maak of op te bou. Ons bied ook stoorplek vir jou wapens wanneer jy dalk op

vakansie wil gaan. Kom gerus in en doen navraag daarvoor, Rifle-sure wat die vuurwapen versekering doen word sterk aanbeveel.

Ons beskik oor 'n wye reeks herlaai toerusting en kennis om jou op die regte pad te help om die kuns te beoefen. Skietdae word aangebied om jou nuwe wapen te gaan uit toets of om net vir die lekker te gaan skiet. Ons is 'n voorstaander daarvan dat die hele familie moet deelneem en veilig moet wees. Skietdae vir vroue en kinders word ook aangebied, asook selfverdediging klasse. Vir selfverdediging het ons 'n wye verskeidenheid toerusting wat jou veiligheid kan verseker. Omdat veiligheid vir ons so 'n groot prioriteit is, wil ons verseker dat jou vuurwapen veilig gebere word, top gehalte staal kluis is by ons beskikbaar vir jou behoefte.

By Wildman het ons ietsie vir almal en dit sluit die dames in! Kom kyk gerus na ons nuwe reeks klerie wat ons spesiaal ingebring het en die mees gemaklike skoene wat handgemaak is spesiaal net vir julle. By Wildman kan kinders nog kind wees en kry altyd 'n stokkielekker in die hand by een van ons vriendelike personeel.

As jy van die natuur, buitelewe en sport hou, is Wildman die perfekte winkel vir jou. Jag, visvang, "surfing", sportskiet, veerpyltjies en vele meer, hier is iets van alles. Kom maak 'n draai hier by ons, ons sien uit om jou te ontmoet.

Wildman groete,
Tienie en Marko

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WILDMAN GEORGE - JOU HENGEL BENODIGHEDE EEN STOP WINKEL

Hengel, of te wel visvang, nie net 'n sport nie, maar ook 'n ontspannings aktiwiteit wat deur duisende mense in die Tuinroete beoefen word. Jy as verbruiker en hengelaar moet dus toegang hê tot 'n verskeidenheid hengeltoerusting, advies en goeie gehalte aas.

Dit is waar Wildman George in die prentjie kom! Met ons kundige advies, top kwaliteit toerusting en vriendelike diens kan jy met gemoedsrus langs die see of dam waters gaan ontspan en daai ou grootte gaan uit trek. Elke hengeluitstappie is iets om na uit te sien. Goeie beplanning sal verseker dat jy die dag optimaal kan benut en die uitstappie ten volle geniet.

Niks meer frustreerend as om langs die water te wees en jy besef jy het iets vergeet of nie voorsiening gemaak vir iets wat jy benodig om daai mooi aas te bou vir die grootte. Voordat daar 'n tekort is aan iets wat jy kan benodig kom na Wildman George vir al jou hengelbenodighede.

By Wildman het ons al jou basiese benodighede soos hoeke, sinkers, swivels, kraletjies en nog vele meer. Hier is ook swaarder toerusting vir die manne wat haaie teiken. Ons bied 'n verskeidenheid visstokke en katrolle van die meer bekostigbare tot die meer kompetende modelle vir die kompetisie hengelaar.

As jy gemaklik op die sand wil beweeg hou ons stootkarretjies aan wat jou toelaat om met gemak op die sand te gaan stap en by daai ver afgeleë gebiede te gaan hengel maar nogsteeds genoeg krag het vir die "spook" met 'n mooi vis.

Kuns-aas wat deesdae baie gewild is toets behoorlik 'n hengelaar se vaardigheid en ervaring. Kies van sagte tot harde plastiek, klein tot groot en selfs vir vars en soutwater. Wildman George bied 'n groot verskeidenheid kuns-aas. Ons personeel het ook die kennis en ervaring om vir jou die regte kombinasies voor te stel en advies te gee wat die natuurlik die kans vir 'n lekker groot vangs sal bevorder.

Kom na Wildman George vir al jou hengelbenodighede of kom loer net in en deel jou visvangstories met ons en geniet 'n lekker koppie koffie. Ons wag om jou te sien...

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'n Kuiertjie by De Kaap Meubels

Houtmeubels bly maar net mooi! Tydens my kuiertjie by De Kaap Meubels kon ek net eenvoudig nie die "Wow" klanke binne hou nie. Yolande Boshoff en haar span maak beslis van die mooiste meubelstukke wat ek al ooit gesien het.

Hulle vervaardig soliede houtmeubels van Swarthout, Oregon Pine, Geelhout en Eikehout afhangende van beskikbaarheid. Alhoewel baie van hulle meesterstukke volgens die Cape Cottage styl gemaak word pas hulle ook aan by meer modern style volgens kliente se spesifikasies en behoeftes.

Besoek hulle gerus in George by hulle fabriek of maak 'n draai by hulle permanente uitstalling in die Langeberg Mall, Mosselbaai waar daar ook van hulle produkte te koop is.

Koffie is darem net ekstra lekker as jy by so mooi tafel sit!

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- 1) Avoid overloading outlets
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- 4) Never run cords under rugs and carpets
- 5) Never touch electrical appliances with wet hands
- 6) Have a professional repair your electrical appliances
- 7) Regularly inspect electrical cords for damage
- 8) Make sure people cannot trip over electrical cords
- 9) Unplug appliances when not in use
- 10) Never use water to extinguish an electrical fire

Choosing Your Wedding Dress

Meeting the love of your life, getting engaged and planning your dream wedding! Oh so exciting and yet at times totally overwhelming. Your wedding dress is one of the most important aspects of your big day. Here are a couple of points to keep in mind when you start dress hunting!

- Location
- Time of the year
- Budget
- Keep an open mind
- Focus on fit, not size
- Get everything in writing



Wat sê die wet?

deur Adèl Kruger



Egskedings v Minderjariges

In terme van die Kinderwet, 38 van 2005 is die beste belange van 'n kind allesoorheersend. In alle aangeleenthede betreffende die versorging, beskerming en welsyn van 'n kind moet die standaard dat die kind se beste belange van oorheersende belang is, toegepas word. Met bepaling van die beste belange van die kind standaard word die houding van die ouers teens die kind en die uitoefening van ouerlike regte en verantwoordelikhede ten opsigte van die kind in ag geneem. Verder word die effek van enige verandering in die kind se omstandighede op die kind, insluitende die effek op die kind van enige skeiding van beide of enige van die ouers ook in ag geneem.

Dit gebeur so dikwels dat een van die geskeide ouers poog om die kind(ers) van die ander ouer te vervreem. So ouer glo dat die kind(ers) nie werklik die ander ouer in sy/haar lewe nodig het nie. Die een ouer sal die ander ouer se kontak met die kind(ers) weerhou of nie inligting rakende die kind(ers) se skool, funksies of mediese inligting met die vervreemde ouer deel nie. Sò ouer sal die kind(ers) emosioneel en sielkundig beloon indien die kind(ers) teenkanting teenoor die vervreemde ouer te bied.

Die uitwerking hiervan is dat die kind(ers) se emosionele groei verwoestende gevolge kan hê. Vervreemde kind(ers) loop die risiko om versteurings in hul verhoudings te ontwikkel. Ouers moet daarteen waak om die kind(ers) teen die ander ouer op te maak, die ander ouer sleg te maak en te poog om die kind(ers) van die ander ouer weg te hou sonder grondige rede. Ouers moet die beste belang van hul kind(ers) eerste plaas nie slegs omdat die Kinderwet en ons Grondwet dit van ons verwag nie, maar omdat ouers werklik omgee vir die welstand en emosionele toestand van hul kind(ers) en ophou "toutrek" oor die kind(ers).

Adèl Kruger

Attorneys | Prokureurs

Tel: 062 625 8245

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Each person can paint whatever colours or textures they want in their block either with paint or using the Posca Paint pens or collage, as long as they stick to the outlines.



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The Solied Story

Solied was an idea that was brewing in my head for a while. During this time of trying my utmost best to ignore my new idea and focus on my normal daily activities I read the following words in a book: *Without a solid belief in your own potential and abilities, you are doomed to failure.* Shocking!!!! This is when I made the decision to believe in myself and took that giant leap, maybe not for mankind, but for myself! As they say: When you believe in yourself you are on your way to success and achieving your dreams.

Solied is the Afrikaans word for Solid. Besides the fact that this word has great meaning for me it also means "Strongly built and durable". Exactly like the Solied products I manufacture!

The range started with a couple of cement based coasters, shortly after that the pendants were created. With the global Covid-19 pandemic hitting South Africa in March 2020 that forced us all to think out of the box the unique Solied Fabric Face Masks became it hit.

From here anything can happen and the Solied product range can expand, because that is the beauty of creating!

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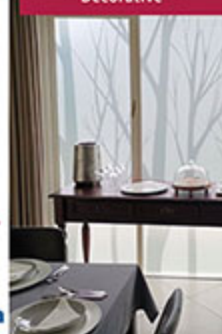
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PSALM 91

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Why Service a Vehicle?

Having your vehicle serviced regularly ensures that your ride is in tip-top shape. Your car, bakkie or truck generally is one of your most expensive belonging besides property. Proper care of a vehicle will add years of use, less stress on the vehicle and thus also less stress on you! Look after your car then it will look after you!

By regularly servicing your vehicle you are likely to see a lot of advantages. These include increased fuel-efficiency, better handling, improved braking and a smoother running engine. If you don't have an oil change or continue to use the car with low fluid levels, then you can do some serious damage to the engine.

Your vehicle is also likely to be more reliable as it has been checked for faults that may occur. This is both a safety and economic advantage.

What To Do in Case of a Road Accident



Who are you going to call? A friend, a spouse, a parent? What if they are not available at that moment? The Ghost Busters will not do either! You need to know what to do when someone bumps your car or even worse when you are involved in an accident.

1 STOP! By law you have to stop if you were involved in an accident in any way. Stay at the scene until authorities or parties involved have gathered the required information from you. Remember to stay as calm as possible, take a couple of deep breaths!

2 HELP! Help persons who have been hurt if you have first aid knowledge and call the emergency services. If you do not know anything about first aid best is to wait for someone who does, you do not want to make the possible injuries worse!

3 DETAILS! Get the details of all persons involved in the accident, as well as witnesses if there are any. Details should include: Full Names, ID Numbers, Addresses, Phone Numbers and Vehicle registration numbers. It is also advised to get a general description of all vehicles involved, the time and road conditions, as well as details of the police and traffic officers, ambulance personnel and tow truck drivers involved. It is a good idea to take photographs of the scene and damages.

4 REPORT! You do not have to call the police to the accident scene if no one has been hurt. The accident however still needs to be reported to the police within 24 hours of the incident.

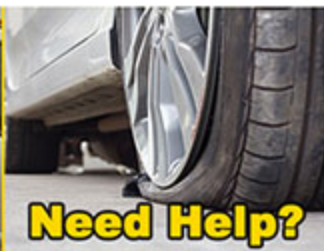
5 DON'T MOVE! If anyone has been injured in the accident do not move the vehicles or any potential evidence until the police at the scene gives the go ahead.

6 CLAIM! If you are insured, which is advisable, you have to report the accident to your insurance company to submit a claim if applicable.

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A Look at Lockdown

When Stage 5 Lockdown was declared, by our President, to start on 27th March 2020, I was rather intrigued about how I would experience forced idleness! Laziness comes quite easily to me, as I have discovered, with my rather laid-back, slow-moving demeanor! Which does not mean to say I don't make plans and, for the most part, see them through but this usually happens in my own sweet time and at my own sweet pace!

Of course, like most people, I had a lot of grandiose resolutions! Even more grandiose than any New Years' Resolution I had ever made because New Years' Resolutions don't normally have a time limit. Well, they do but it's normally 365 days, which puts one in no hurry whatsoever!

On the other hand, these Lockdown Resolutions had a time limit of, initially 3 weeks and, eventually, 3 more! So in 6 weeks' time I was going to read all the books - from medical to spiritual and more - that have been waiting beautifully and patiently for me on my book shelves, I was going to de-clutter my whole house, I was going to get into a personal fitness routine all on my own, I was going to write a diary....

In other words, I was going to metamorphose into a super-human with zero limitations!

Well, I found out that I have a very specific talent. It's something that some people may envy me for. I can sleep any time of the day, all day! I discovered, or rather re-affirmed again, that I am the Big Mama of all night owls! For some bizarre reason the night-time invigorates me and I spent many a night at my sewing machine fabricating face masks or at my computer watching you-tube videos ranging from how to tame ferocious parrots to discovering the awe-inspiring and life-saving activities inside a British ambulance.

Somehow my world has expanded in isolation. I discovered that isolation needs not be desolation!

I did not get to many of my initial resolutions but I discovered the joy of easing into each day by simply waking up in my own time - sometimes after midday - and finding a rhythm of my own that took on a life and meaning of its own. Perhaps not one that would suit all people, but it suited me and I loved it!

Admittedly, there were times of threatening loneliness and frustration but my frustrations were mostly with all the opinions and dissatisfaction expressed on social media. My antidote to these was simply to withdraw from social media for a week or more and communicate only with those whose input into my life was positive, uplifting and lasting. And, hopefully, I could do the same for them.

When the separation from loved ones began to take its toll we started a games-club per phone and I finally discovered the joy of video-calling! Before this I preferred to be heard, not seen, as well as hear and not see.

And now, a good two months into functioning again as a full-time Physio, I so very much appreciate the privilege of being allowed to touch - albeit with masks, sanitizers, fresh clothing and linen and whatnot - when others have to keep their distance! The physical touch of another human being is so important for our well-being! We were created for deep and lasting connection with others, we have been wired to "feel the vibes" when someone enters a room, we have been given the ability to read and interpret body language and to take our cues from the fine nuances of another's facial expressions. On all of these there have now been placed limitations and we have felt, and continue to feel keenly and painfully, the withdrawal from physical touch.

Yet, has the human heart not shown its resilience in these times as well? Have we not discovered fresh ways to connect with each other in order to know and be known? I have discovered that one can smile with one's eyes and voice and body as much as (or even more than) with those little muscles around the mouth and in the cheeks which we have taken so very much for granted!

Yes, these times have been tough - extremely and irrevocably devastating for many. I have been blessed and will not pretend that I have suffered at all. The couple of months of no income and the slow months ahead are NOTHING compared to those who have literally lost everything! My hope is that this caring about others, wishing them goodness and prosperity and helping them carry the burden of tough times will be deeply ingrained in our characters so that no one ever again needs to feel deserted in times of separation or isolation.

The threats out there are real, the hunger painful, the uncertainty of the future tangible but Hope still remains. And Love. And Faith. Things that can never be taken from us when we have been firmly established in them.

Here's to new beginnings - no matter how small, new visions - no matter how tentative and new horizons which will never end as long as there are rainbows after the rain and the birds still sing their songs of praise every morning!

And may those who mourn the loss of loved ones, those who have lost hope, those who have seen the deepest darkness be lifted up and carried again into the light of God's everlasting and unchanging grace.

by Cecile Steyn



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Sea Glimpse

Victoria Bay Accommodation



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- Affordable Accommodation
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- 5km from Garden Route Mall



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www.gardenrouteaccom.co.za/seaglimpse

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Whether you are travelling for business purposes, on holiday, travelling the country, a quick break-away or on tour, Sea Glimpse Holiday Resort is the perfect home away from home. Sea Glimpse is situated between George (8km) and Wilderness (6km) and less than 1km from the world famous Victoria Bay. A quick 5km drive will take you to the Garden Route Mall.

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At Sea Glimpse you can sit back and relax while enjoying the unspoilt, tranquil and peaceful surroundings, flanked by beautiful scenery. The resort has three swimming pools where guests can cool off or have hours of fun under the Garden Route sun. The wide open spaces in the lush gardens offers ample place for children to play. Sea Glimpse caters for the whole family and is a great spot for family holidays. Make this popular resort your base from where you discover the Garden Route or just spend your days in the comfort and tranquility of the resort.

Contact the resort to make your booking for that well deserved break-away or important business trip.

Victoria Bay

Accommodation

Resorts

Sea Glimpse Holiday Resort
 From R700 to R4 350 per unit
 Tel No: 044 889 0043 / 082 695 9374

Wilderness

Things to Do & Places to Visit

Caroline's Chocolate Haven is a chocolate shop at 198 George Road in Wilderness, where you will find the chocolatier Caroline Laas, at work creating an array of handmade artisan chocolates. Individually moulded chocolate and truffles as well as pre packed gift sets are available. Tel No: 083 446 7385

Accommodation

Self Catering

Arendsnes (Sleep 2 - 6)
 From R600 to R1300 per day
 Tel No: 083 231 0315

Sedgefield

Businesses

Shopping

African Affair (Gift Shop)
 Tel No: 044 343 1008

Knysna

Things to Do & Places to Visit

Southern Comfort located half way between Knysna and Plettenberg Bay offers you exciting guided forest Quad Bike Rides. Bookings are advised for your Garden Route forest quad biking adventure on this natural and man made trail. Tel No: 063 262 6284

Accommodation

B&B, Guest Houses & Lodges

Adams Guest House
 From R200 p.p sharing
 Tel No: 082 898 8720

Businesses

Shopping

Knysna Health (Health Shop)
 Tel No: 044 492 0522 / 044 492 0523

Services

PG Glass
 Tel No: 044 382 5881

Ink and Printer Services
 Tel No: 044 382 0076

Motor Industry

Knysna Volkswagen
 Tel No: 087 086 5300

Plettenberg Bay

Things to Do & Places to Visit

Ocean Safaris is a legally permitted boat based whale, dolphin and seal watching company. Close encounter whale watching tours and a variety of Dolphin Discovery Tours are offered. Private charters and specialized group tours available on request. Tel No: 082 784 5729

Businesses

Services

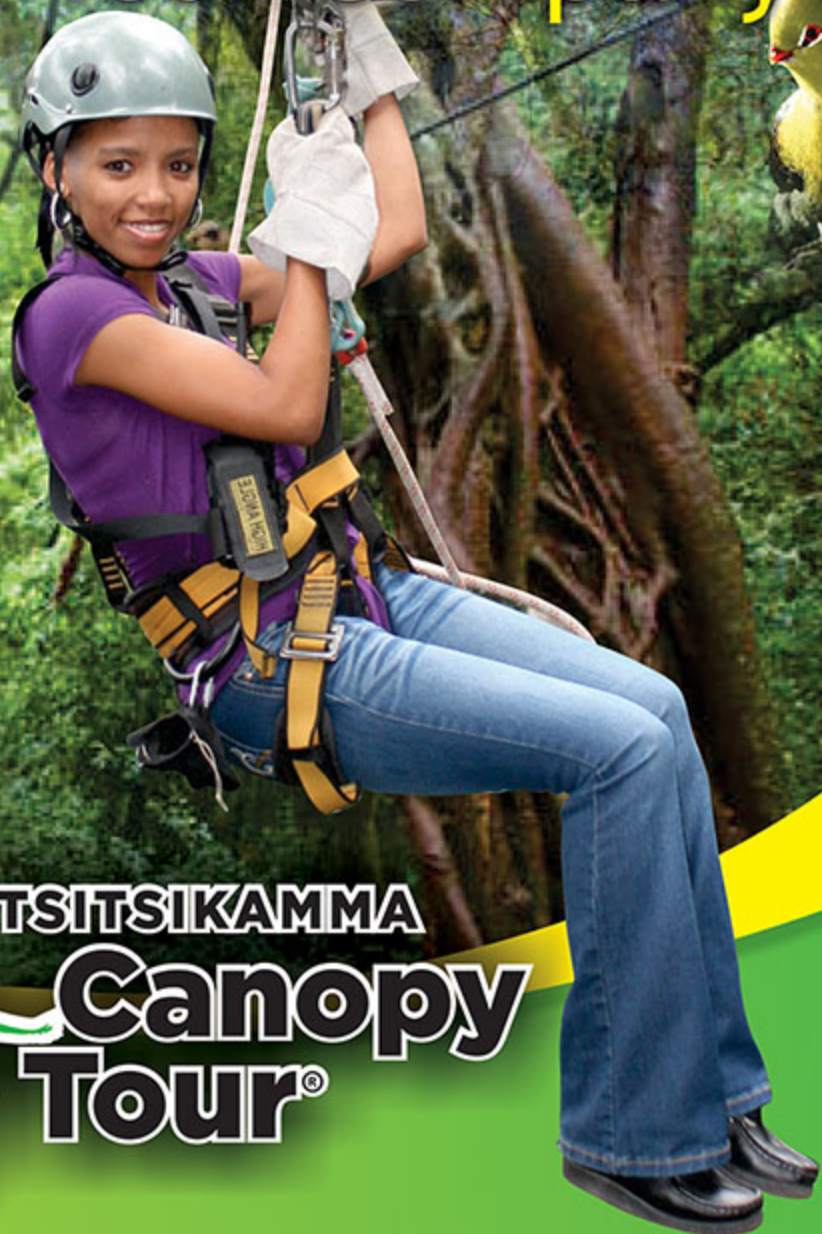
PG Glass
 Tel No: 044 533 2300

Tsitsikamma / Storms River

Things to Do & Places to Visit

Bloukrans Bungy operated by Face Adrenalin, is recognized by the Guinness World Records as the World's Highest Commercial Bungy Jump from a bridge at 216 meters above the Bloukrans River. Tel No: 042 281 1458

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The Tsitsikamma Falls Adventures offer spectacular Zipline adventure slides across the Kruis River in the wonderful surroundings of the beautiful Tsitsikamma. They operate in all weather conditions, 365 days a year. Tel No: 042 280 3770

Experience the Tsitsikamma Indigenous Forest on a **Woodcutters Journey** down the old Stormsriver Pass from the comfort of a specially designed vehicle. Be introduced to a fairy world of a 450-500 year old "Human like Tree", the unique "Forest Guard". Online bookings available. Tel No: 042 281 1836

Tsitsikamma Hiking Trail is a 2 - 6 day trail with optional equipment portage & fast pack option. Mountain scenery, lush forests, fynbos and swimming in the rivers and streams. Well equipped, rustic overnight accommodation with comfortable amenities. Tel No: 042 281 1712

Oudtshoorn

Things to Do & Places to Visit

When in Oudtshoorn visit **The CP Nel Museum**, one of the best small town museums. The museum's main theme is the ostrich industry, focusing on the ostrich feather boom period (1900 - 1914). Also visit **Le Roux Town House Museum**. Tel No: 044 272 7306

Wilgewandel Holiday Farm offers activities such as Camel rides, rowing boats, water slides, donkey cart rides, a Gwarra - Gwarra golf course, quad buggies & animals to feed. The restaurant offers dishes like Ostrich steaks & traditional South African cuisine. Great FUN for the whole family. Open 7 days a week. Tel No: 079 206 8746

Accommodation

Hotels

The Baron's Palace
From R510 pps/ R710 single
Tel No: 044 279 1727

B&B, Guest Houses & Lodges

Wilgewandel Holiday Farm
From R400 p.p sharing
Tel No: 079 206 8746

Self Catering

Kleinplaas Holiday Resort
Price on request
Tel No: 044 272 5811

Wilgewandel Holiday Farm
From R340 p.p sharing
Tel No: 079 206 8746

Camping

Kleinplaas Holiday Resort
Price on request
Tel No: 044 272 5811

Venues

Wilgewandel Holiday Farm
Tel No: 079 206 8746
Kids Parties

Kleinplaas Holiday Resort
Tel No: 044 272 5811
Conferences Functions

The Baron's Palace
Tel No: 044 279 1727
Weddings Conferences Functions

Businesses

Services

Ink and Printer Services
Tel No: 044 279 1454

Building, Maintenance & DIY

United Paints Oudtshoorn
Tel No: 084 262 7151 / 084 549 2288

Calitzdorp

Things to Do & Places to Visit

Karoo water Guest Farm is located 21km from Calitzdorp. The hot mineral spring baths, a restaurant, free roaming springbuck, play area, waterslide and cold swimming pool is the perfect spot with activities to keep your family entertained. Day visitors welcome! Tel No: 076 382 3477

Accommodation

Resorts

Karoo water Guest Farm
Price on Request
Tel No: 076 382 3477

Venues

Karoo water Guest Farm
Tel No: 076 382 3477
Weddings Conferences Functions Kids Parties

Barrydale

Things to Do & Places to Visit

Visit the **Warmwaterberg Spa** and enjoy the tranquil atmosphere, wide open spaces, country hospitality and the healing powers of the hot mineral spring. The Lapa, restaurant, bar and deck is ideal for hosting functions. Tel No: 028 572 1609

Accommodation

Resorts

Warmwaterberg Spa
From R590 to R1690 per unit
Tel No: 028 572 1609

Venues

Warmwaterberg Spa
Tel No: 028 572 1609
Weddings Conferences Functions

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Lees verder saam aan

Patricia en Felix die Muis

Deur Christelle Kleynhans

Patricia was eers bang, want kyk wat het 'n guns haar vandag al laat doen. Hier sit sy wraggies op die bure se plaas en praat met 'n muis!

Maar Ouma muis het so mooi gevra dat sy nie kon nee sê nie.

"Dogtertjie, ek mis ou Felix vreeslik baie. Kan ek nie tog saam met jou terug gaan na jou plaas toe nie, asseblief. Dan kan ek mos vir Felix help daar in die

kaasfabriek.", het Ouma muis mooi gevra.

Patricia was nie seker hieroor nie, want as sy kyk hoe lekker spekvet Ouma muis is, sal sy mos baie kaas wil eet by die fabriek.

Patricia stem toe in en tel Ouma muis versigtig op en sit haar saggies binne-in haar rugsakkie. So loop Patricia toe al die pad terug, met 'n muis in haar sak na hulle kaasfabriek toe.

Toe hulle by die fabriek aankom en sy vir Ouma muis versigtig uit haar rugsakkie haal, sien sy dat hierdie lawwe Ouma muis sowaar aan haar toebroodjie geknibbel het! So stoute Ouma muis dink Patricia hardop.

"Ouma muis!," skree Felix opgewonde toe hy sien dat Patricia sy ouma saam gebring het. "Baie dankie vir my liewe maatjie! Jy is sowaar 'n regte heldin!"

En van daardie dag af, het Patricia, Felix en Ouma muis elke middag skelmpies onder die boom langs die fabriek geknibbel aan 'n stukkie kaas!

Fluit –fluit, hierdie muis storie is uit!

Kan jy vir Felix sien?





Emergency Phone Numbers

Mossel Bay

- Police: 044 606 2801
 - Fire Department: 044 691 3722
 - NSRI/ Sea Rescue: 082 990 5954
 - Emergency Medical & Rescue Services: 10177
 - Municipality: 044 606 5000
 - SPCA: 072 287 1761
 - Provincial Hospital: 044 691 2011
 - Die Tandmuis se Huis (Dentist): 044 691 2421 / 078 646 5440
- 24h Breakdown Services
- The Workshop: 044 695 0584 / 076 599 3744

Hartenbos

- Dr Jacques Schoeman Dentist: 044 695 4170
 - Die Tandmuis se Huis (Dentist): 044 691 2421 / 078 646 5440
- 24h Breakdown Services
- ACD Q-Fit Hartenbos: 082 378 8277

Oudtshoorn

- Police: 044 203 9000 / 044 203 9022
- Fire Department: 044 203 3000 / 044 203 3110
- Emergency Medical & Rescue Services: 10177
- Municipality: 044 203 3000 / 044 203 3121
- SPCA: 044 203 3957 / 083 619 0470
- Oudtshoorn Hospital: 044 203 7200

Knysna

- Police: 044 302 6608/9
- Fire Department: 044 302 8911
- NSRI/ Sea Rescue: 082 990 5956
- Emergency Medical & Rescue Services: 10177
- Municipality: 044 302 8911

Plettenberg Bay

- Police: 044 501 1900 / 044 501 1907
- Fire Department: 044 501 3230 / 533 5000
- NSRI/ Sea Rescue: 082 990 5975
- Emergency Medical & Rescue Services: 10177
- Municipality: 044 501 3000 / 086 124 8686

George

- Police: 044 803 4733/44
 - Fire Department: 044 801 6301
 - NSRI/ Sea Rescue: 082 990 5955
 - Emergency Medical & Rescue Services: 10177
 - Municipality: 044 801 9111
 - SPCA: 044 878 1990
 - George Hospital: 044 802 4528
 - Geneva Apteek: 044 871 2879 / 083 303 7895
- 24h Breakdown Services:
- Anton's Auto Centre: 044 873 2033 / 071 527 0131
 - Star Truck & Car: 082 708 7680 / 072 639 0339
 - Billy's Tyre Centre: 044 873 6445 / 071 851 0402



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Garden Route

Area Map & Distance Log

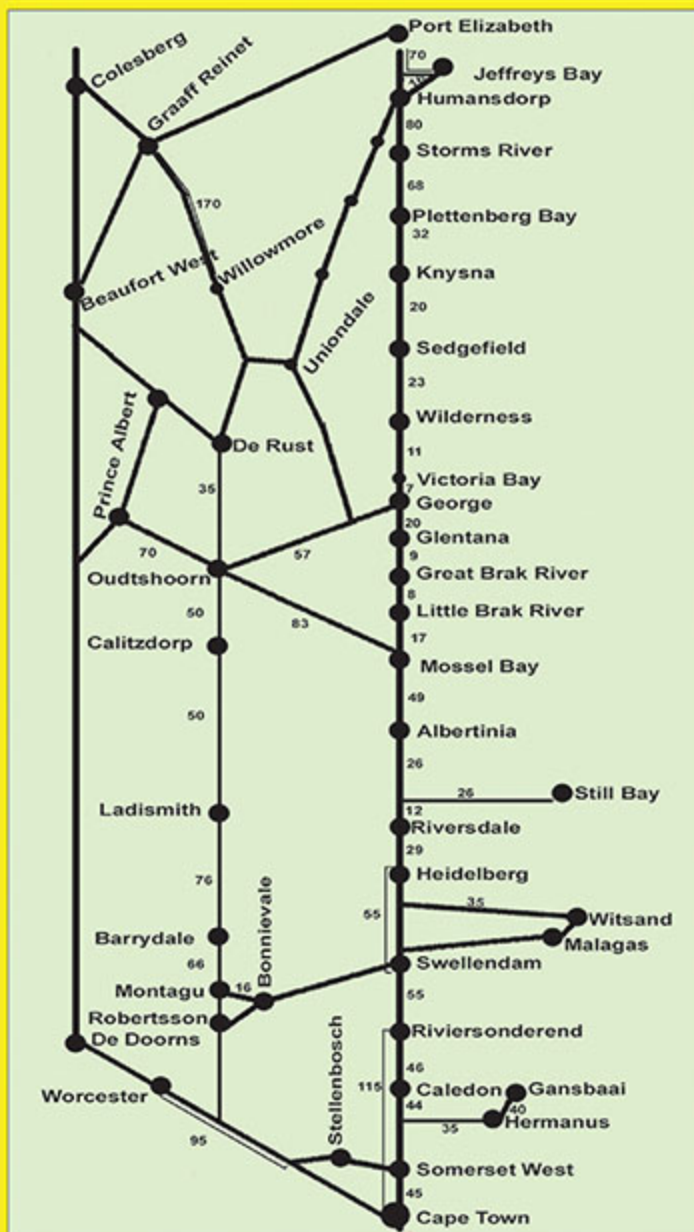
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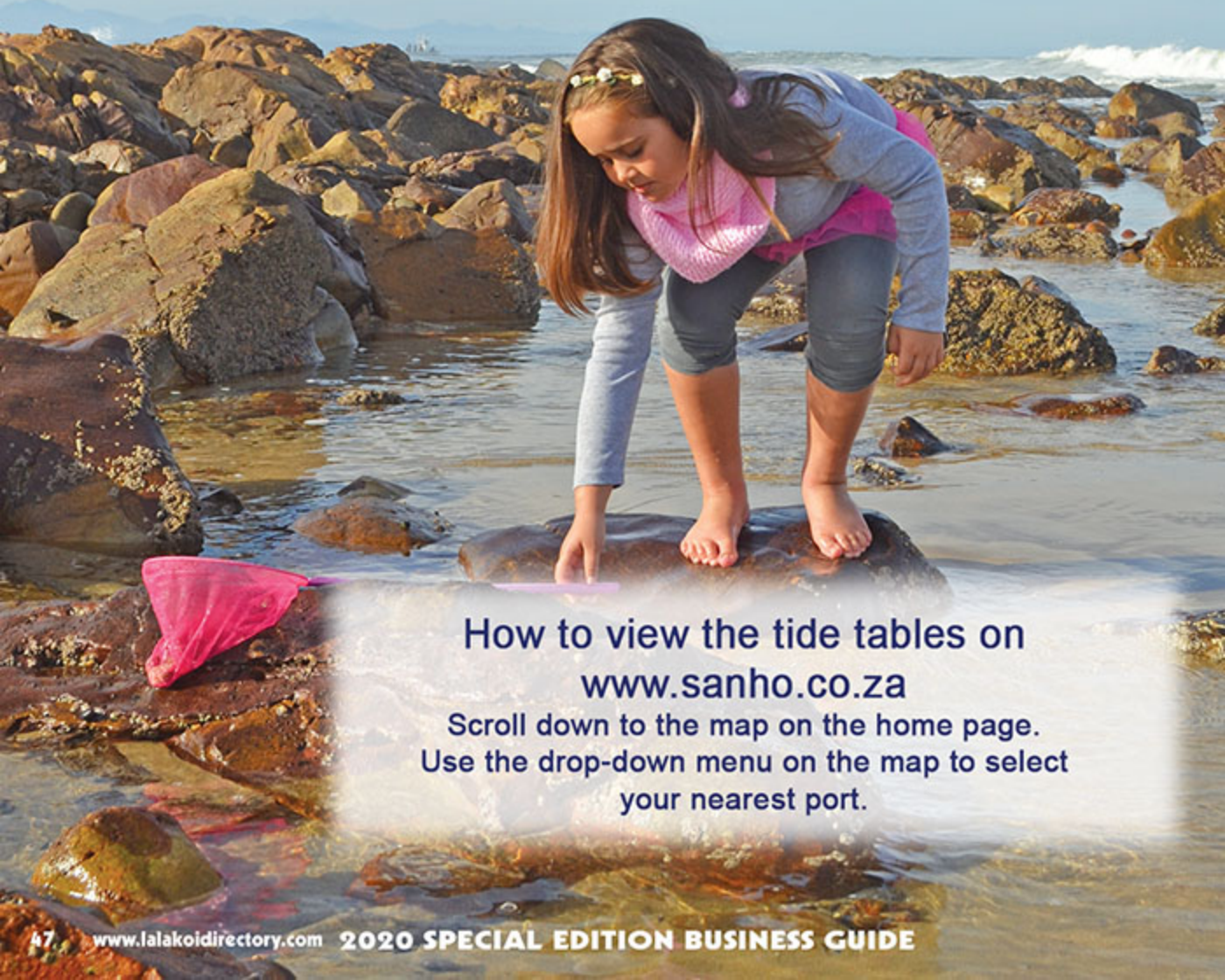
FOR THE GARDEN ROUTE





Tide Tables for South Africa

Do you need the tide tables? Click here to get access to the South African Hydrographer, SA Navy, tide tables from their website, www.sanho.co.za



How to view the tide tables on
www.sanho.co.za

Scroll down to the map on the home page.
Use the drop-down menu on the map to select
your nearest port.



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This is the first of Lalakoi's online magazines and we would appreciate your feedback!

What would you like to see more of in this magazine?

What did you enjoy?

Do you have any suggestions on what we can improve on?

With your feedback we aim to make this publication the best online magazine available!

Click anywhere on the page to go to our website where you can send your feed back to us.

FEEDBACK

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**GARDEN ROUTE
BUSINESS GUIDE
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